

# Mind Over Matter (We Makin' Love)

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Melanie Cheever (USA) - February 2023  
音乐: Mind Over Matter - Anthony Ramos



**Intro: 16 counts - No tags or restarts**

**Sway Rock, Behind, ¼ Turn Step, Step, Kick, Step, Step, ¼ turn Step, Touch**

1,2                      Step R to right and sway hips right, Recover on L with sway left  
3&4                      Step R behind L, Turn ¼ left stepping L forward, Step R forward (9:00)  
5&6                      Kick L low forward, Step L forward, Step R forward  
7,8                      Turn ¼ right stepping L to left, Touch R next to L (12:00)

**¼ Turn Walk, Walk, Shuffle, ¼ Paddle, ¼ Paddle**

1,2                      Turn ¼ right stepping R forward, Step L forward (3:00)  
3&4                      Step R forward, Step L forward, Step R forward  
5,6,7,8                      Touch ball of L forward, Push off with L turning ¼ right, repeat counts 5, 6 (9:00)  
(Put your hips into the paddle. Remember: We Makin' Love! Lead with your L hip in a counterclockwise loop for each paddle. Your weight shifts from L to R to L to R.)

**Cross, Side, Sailor Step, Weave: Cross, Side, Behind, ¼ Turn Step**

1,2                      Cross L in front of R, Step R to right  
3&4                      Step L behind R, Step R to right, Step L to left  
5,6,7,8                      Cross R in front of L, Step L to left, Cross R behind L, Turn ¼ left stepping L forward (6:00)

**Step, ¼ Turn Bounce, ¼ Turn Bounce, Kick, Walk, Walk, Walk, ¼ Turn Hitch**

1,2,3,4                      Step R forward, Bounce heels with weight on R while turning ¼ left, Repeat count 2 keeping weight back on R, Kick L low forward with slight lean back (12:00)  
5,6,7,8                      Walk forward L, R, L, Turn ¼ left while swinging R knee into a hitch (9:00)

Thank you! Thank you! Thank you to Cody Flowers for your suggestions and help with this dance. :^}  
Have fun with it.  
Get lost in the music...the moment.

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