

# Slide Into Yesterday

COPPER KNOB  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: High Improver  
编舞者: Mark Paulino (USA) & Michelle Wright (USA) - 31 January 2023  
音乐: Slide - Madeline Merlo



Starts: 16 counts

## [1 – 8] STEP BACK AND DRAG, BACK ROCK RECOVER, STEP FORWARD, RAISED SWEEPING HITCH, CROSS OVER, SIDE STEP

- 1 2      Step L back with R dragging back towards L 12:00
- 3 4      Rock R back, recover ahead onto L
- 5 6      Step R forward in a lowered position (knee slightly bent), hitch forward with the L as your rise up having your weight shift on the ball of the R
- 7 8      Cross L over R (1:30), R side step (12:00)

## [9 – 16] BACK CROSS ROCK RECOVER, ¼ TURN PIVOT, BOX STEP ⅜ TURN WITH A STEP FORWARD

- 1 2      L cross rock behind R (10:30), recover onto R 10:30
- 3 4      Step forward with the L while ¼ turn pivot R, recover onto R 1:30
- 5 6      L cross over R, ⅜ turn L with R stepping back 9:00
- 7 8      L side step, R stepping forward
- L

## [17 – 24] SIDE STEP DRAG/TOGETHER X2, WEAVE

- 1 2      L side step as you drag R towards L, step R besides L
- 3 4      L side step as you drag R towards L, step R besides L
- 5 6      L cross over R, R side step
- 7 8      L cross behind R, R side step

## [25 – 32] CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, STEP FORWARD ¼ PIVOT TURN, ¼ TURN PIVOT, PRESS FORWARD

- 1 2      L cross rock over R, recover onto R
- 3 4      L side rock, recover onto R
- 5 6      Step L forward with a ¼ pivot turn R, recover onto R 12:00
- 7 8      ¼ pivot L weight shifting from R to L, R presses forward with the R ball of the feet 9:00

Restart: 16 count restart on the 10th wall facing 9:00, ending facing 6:00

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