

Back To The Start

COPPER **KNOB**
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helen Wyndow (AUS) - February 2023
音乐: Back to the Start - Michael Schulte : (Album: Highs and Lows)



Intro: 32 counts

S.1: WALK FORWARD RIGHT- LEFT- RIGHT POINT L, WALK BACK LEFT- RIGHT- LEFT TOUCH R

1,2,3,4 Walk forward on Right, Left, Right, point Left to left side
5,6,7,8 Walk back on Left, Right, Left, touch Right beside Left

S.2: MONTEREY 1/4 TURN R, ROCKING CHAIR

1,2 Point Right to right side, pivot ¼ right stepping Right next to Left
3,4 Point Left to left side, step Left next to Right
5,6 Rock forward on Right, recover to Left,
7,8 Rock back on Right, recover to Left **RESTART HERE WALL 5

S3. CHASSE RIGHT, ROCK BACK/FWD, CHASSE LEFT, ROCK BACK/FWD

1&2 Side shuffle Right, R-L-R
3,4 Rock back on Left, recover onto Right
5&6 Side shuffle Left L-R-L
7,8 Rock back on Right, recover on Left

S 4: FORWARD TOUCH, BACK TOUCH, HIP BUMPS R-L-R-L

1,2 Step Right forward, touch Left beside Right (clap)
3,4 Step Left back, touch Right beside Left (clap)
5,6 Step Right to right side bumping hips Right, bump hips Left,
7,8 bump hips Right, bump Hips Left

START AGAIN

**** RESTART WALL 5 after count 16 – you will be facing 3:00**

ENDING: Stomp forward on Right

Email: helenwyndow@gmail.com
