

# Life's A Dance

COPPER KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Hiroko Carlsson (AUS)  
音乐: Life's a Dance - John Michael Montgomery : (Spotify/Apple Music/Deezer)



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(Dance starts on lyrics/16 counts intro)

**[S1] Fwd, Flick, Back, Flick, Back Rock, Fwd, Touch**

1 2      Step forward on L, Flick R to the side  
3 4      Step back on R, Flick L to the side  
5 6      Rock back on L, Replace weight on R  
7 8      Step forward on L, Touch R next to L

**[S2] Step-Pivot 1/4L, Fwd Rock-1/2R Fwd, Together, Fwd, Scuff**

1 2      Step forward on R, Make a ¼ turn left recover weight on L (9:00)  
3 4      Rock forward on R, Replace weight on L  
5 6      Make a ½ turn right stepping forward on R (3:00), Step L together  
7 8      Step forward on R, Scuff forward on L

**Restart here on Wall 4 (12:00)**

**[S3] Step-Pivot 1/2R, Boogie Walk Fwd, Fwd Rock-**

1 2      Step forward on L, Make a ½ turn right recover weight on R (9:00)  
3 4 5 6      Boogie walk forward on L-R-L-R  
7 8      Rock forward on L, Replace weight on R-

**[S4] -1/4L, Hold, Boogie Walk Fwd, Step-Pivot 1/4L, Cross, Sweep**

1 2      Make a ¼ turn left step L to the side (6:00), Hold  
3 4      Boogie walk forward on R-L  
5 6      Step forward on R, Make a ¼ turn left recover weight on L (3:00)  
7 8      Cross R over L, Sweeping L around R

**TAG: 2 counts Tag at the end of Wall 2 (6:00) and Wall 6 (6:00)**

1 2      Cross/ touch L over R, Touch L to the side

**Restart on Wall 4 count 16 (12:00)**

**Ending suggestion: The last wall starts facing 12:00. Dance up to Section 2 count 4 (9:00). Then, Making a ¼ turn right to 12:00 o'clock, L side shuffle on L-R-L.**

(updated: 1/Feb/23)