

# Blow Your Mind!

COPPER KNOB  
BYEFOOTETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Ryan Hunt (UK) - January 2023  
音乐: #BLOWURMIND - Gio Bermejo



**Intro: 16 counts (after 19 seconds), on lyrics**

## Side, Tap, Side, Kick, Behind 1/4 Side, Sailor 1/2 Cross, Heel Jack & Cross

- 1&2&            Step R to R side (1), Tap L next to R (&), Step L to L side (2), Kick R out to R side (&)  
3&4            Cross R behind L (3), make 1/4 turn L stepping L forward (&), Step R to R side (4) (9:00)  
5&6            Cross L behind R (5), make 1/4 turn L stepping R next to L (&), make 1/4 turn L crossing L over R (6)(3:00)  
&7&8           Step R to R side (&), Dig L heel out to L side (7), Step onto L (&), Cross R over L (8)

## Slow 1/2 Pivot, Syncopated Turn, Cross w/ Dip, 1/4 Forward, Pivot 1/4 Cross

- 1-2            Make 1/4 turn L stepping forward on L (1) (12:00), Pivot 1/2 turn R taking weight onto R (2) (6:00)  
3&            Make 1/4 turn R stepping L to L side (3) (9:00), Make 1/4 turn R stepping R slightly back (&) (12:00)  
4&            Step back on L (4), Make 1/4 turn R stepping R to R side (&) (3:00)  
5-6            Cross L over R as you bend knees into a dip (5), Make 1/4 turn R stepping R forward (6) (6:00)  
7&8            Step L forward (7), Pivot 1/4 turn R taking weight onto R (&) (9:00), Cross L over R (8)

**\* Restart here on Wall 3 (3:00) and Wall 6 (6:00)**

## Out, Clap, Out, Clap, 1/2 Run Around, Cross Heel Grind, Behind Side Cross, & Collect

- 1&            Step out to R side (1), Clap hands up to right side at head height (&)  
2&            Step out to L side (2), Clap hands down to left side at waist height (&)  
3&4            Make a curvy 1/2 turn R as you run R (3), L (&), R (4) (3:00)  
5&            Cross L heel across R foot with toes pointing to R (5), Grind L heel fanning toes to L as you step R to R side (&)  
6&7            Cross L behind R (6), Step R to R side (&), Cross L over R (7)  
&8            Step R to R side (&), Close L next to R (8)

## Cross Shuffle, 1/2 Cross Shuffle, Side Rock, Recover, Kick, Cross, Coaster Cross

- 1&2            Cross R over L (1), Step L next to R (&), Cross R over L (2)  
3&4            Make 1/2 turn L as you cross L over R (3), Step R next to L (&) Cross L over R (4) (9:00)  
5&6&           Rock R to R side (5), Recover on L (&), Kick R forward (6), Cross R over L (&)  
7&8            Step back on L (7), Step R next to L (&), Cross L over R (8)

**Restarts: On Wall 3 (facing 3:00) and Wall 6 (facing 6:00), dance up to and including count 16 (end of 2nd section) and restart.**

**Ending: At the end of Wall 10 (facing 6:00), Unwind 1/2 Turn R – ta da!**