

# Run With Me...

拍数: 32                      墙数: 2                      级数: Intermediate NC2S  
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - January 2023  
音乐: Run With Me - Calum Scott



## Start 16 Counts....

### Back, Sailor Side, Behind, Side, Cross, Lift. 1/2, 1/2, 3/8, Cross Side Back.

- 1-2&3            Step back on Left sweeping Right from front to back, Cross step Right behind Left, step Left to Left side, step Right to Right side.
- 8&4&5            Cross step Left behind Right, step Right to Right side, cross step Left across Right, make 1/8 turn to Right stepping forward on Right as you lift/raise up slightly on to Right toe reaching forward with Right hand. (1.30)
- 6&7              Make 1/2 turn to Left stepping forward on Left, 1/2 turn to Left stepping back on Right, 3/8 turn to Left stepping Left to Left side. (9.00)
- 8&1              Cross step Right across Left, step Left to Left side, make 1/8 turn to Right stepping back on Right. (10.30)

### Back Rock 1/2, Run Run Run, Cross Side Behind Side, Rock Recover Back .

- 2&3              Rock back on Left, recover on Right, make 1/2 turn to Right stepping back on Left. (4.30)
- 4&5              Make 7/8 turn to Right run in arc R-L-R sweeping Left from back to front. (3.00)
- 6&7&              Cross step Left across Right, step Right to Right side, cross step Left Behind, step Left to Left side.
- 8&1              Make 1/8 turn to Right rocking forward on Left, recover back on Right, step back on Left dragging Right towards Left. (4.30)

### 1/4 Point, Hitch, Cross, Scissor Cross, 1/4, 1/2, Cross Side Behind.

- 2&3              Make 1/4 turn to Right stepping Right to Right side, point Left toe to Left side (7.30) step down on Left making 3/8 turn to Left hitching Right knee. (3:00)
- 4                 Cross step Right over Left.
- 5&6              Step Left to Left side, step Right next to Left, cross step Left over Right. (3.00)
- 8&7              Make 1/4 turn to Left stepping back on Right, make 1/2 turn to Left stepping forward on Left sweeping Right from back to front. (6.00)
- 8&1              Cross step Right across Left, step Left to Left side, cross step Right behind Left sweeping Left from front to back.

### Behind Side, Cross Rock, Side Rock, Back, Back Rock 1/2, Back Rock

- 2&3&              Cross step Left behind Right, step Right to Right side, cross rock Left across Right, recover on Right.
- 4&5              Rock Left to Left side, recover on Right, step back on Left sweeping Right from front to back.
- 6&7              Rock back on Right, recover on Left, make 1/2 turn to Left stepping back on Right (12.00)
- 8&                (1) Rock back on Left, recover on Right (1) You will make 1/2 turn to Right stepping back on Left to begin the dance again - (6.00)

### Tag End of Wall 2 When doing the Tag dance up to 8& of Section 4 then add

#### Back Rock Full Spiral , Forward Together.

- 1-2&              Make 1/2 turn to Right stepping back on Left, rock back on Right , recover on Left.
- 3                 Step forward on Right making full turn spiral to Left.
- 4&                Step forward on Left, step Right next to Left.(slight dip of both knees then begin dance again stepping back on Left )

Then begin Dance again stepping back on Left as you did on Wall 1.

Hope you enjoy Julie & Neville x

Last Update - 1 Feb. 2023

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