

# Nyanding

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Bp. Suroto (INA) & Yuliswandarini (INA) - January 2023  
音乐: Nyanding - Kawulo Alit



No tag, 1 Restart on Wall 3 after 8 Counts

Start dance after intro lyric 32 counts

## S1. WALK FORWARD, RUN FORWARD, WALK BACKWARD, RUN BACKWARD

1-2            Walk forward (R-L)  
3&4            Run forward (R-L-R)  
5-6            Walk backward (L-R)  
7&8            Run Backward (L-R-L)

## S2. DIAGONAL BACKWARD CHASSE (R-L), DIAGONAL FORWARD CHASSE (R-L)

1&2            Step Rf diagonal back, step Lf close beside Rf, step Rf diagonal back  
3&4            Step Lf diagonal back, step Lf close beside Rf, step Lf diagonal back  
5&6            Step Rf diagonal forward, step Lf close beside Rf, step Rf diagonal forward  
7&8            Step Lf diagonal forward , step Rf close beside Lf, step Lf diagonal forward

## S3. MAMBO CROSS (R-L), ROCK FORWARD & BACKWARD, BACK LOCK SHUFFLE

1&2            Step Rf to side R, Lf in place, step Cross Rf over Lf  
3&4            Step Lf to side L, Rf in place, step Lf cross over Rf  
5&6            Rock Rf forward, Recover on Lf, step Rf back  
7&8            Step Lf back – Lock Rf over Lf – Step Lf back

## S4. ROCK BACKWARD & FORWARD, FORWARD LOCK SUFFLE, ¼ PIVOT CROSS, SIDE CLOSE

1&2            Rock Rf back, Recover on Lf, step Rf forward  
3&4            Step Lf forward – Lock Rf behind Lf – Step Lf forward  
5&6            Step R forward, Pivot ¼ turn L, step Cross Rf over Lf  
7-8            Step Lf to side L, step L close beside Rf

Enjoy the Dance with pleasure

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