

Flowers

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Noah Sierra (USA) - January 2023
音乐: Flowers - Miley Cyrus



Start in the middle of the word "flowers" (around 0:34)

TURN ¼ RIGHT FORWARD, ½ RIGHT BACK, COASTER R, TRIPLE L, PIVOT ½

- 1-2 Turn ¼ right step forward, turn ½ right step left back.
- 3&4 Step RF back, step LF back, step RF forward.
- 5&6 Shuffle L forward (L,R,L).
- 7-8 Step RF forward, pivot ½ over L shoulder.

SHUFFLE R W/ ¼ PIVOT, SHUFFLE L W/ ¼ PIVOT, ROCK/RECOVER, ½ PIVOT.

- 1&2 Shuffle to R side (R,L,R) (turn ¼ pivot over L shoulder on count 9).
- 3&4 Shuffle to L side (L,R,L) (turn ¼ pivot over L shoulder on count 11).
- 5&6 Rock RF forward, step/recover on LF, step RF back.
- 7-8 Step LF back, touch RF on LF (perform counts 15-16 while turning ½ over L shoulder).

ROCK R OVER L, SHUFFLE R, ROCK/RECOVER W/ ¼ PIVOT, COASTER L.

- 1-2 Rock RF over LF, step/recover on LF.
- 3&4 Shuffle to R side (R,L,R).
- 5-6 Rock LF forward while turning ¼ over R shoulder, step/recover on RF.
- 7&8 Step LF back, step RF back, step LF forward.

KICK R, STEP R, TOUCH L, WEAVE L TOWARDS R, PUSH/CROSS W/ ¼ PIVOT, TRIPLE L.

- 1&2 Kick RF forward, step RF on LF, touch LF to L side.
- 3&4 Cross LF behind RF, step RF to R side, cross LF over RF.
- 5 Push/rock RF to R side while turning ⅛ of a ¼ pivot over L shoulder.
- & Step/recover on LF while turning ⅛ of a ¼ pivot over L shoulder (by the time you get to count 6 you should have made a full ¼ pivot over your L shoulder).
- 6 Step RF forward.
- 7&8 Shuffle L forward (L,R,L).

NO TAGS/RESTARTS.

Please do not alter this step sheet in any way.

If you would like to use on your website, please make sure it is in its original format and include all contact details on this script.

If you would like, please send an email to request a complimentary .mp3 copy of the song that goes for this dance, as well as any of my other dances on Copperknob.

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