

# Burning In My Heart

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 1      级数: Beginner  
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音乐: I Can't Help Myself - Four Tops



Intro : 24 counts // 1 RESTART (wall 4 after 24 counts)

## Sect 1 : SIDE CHASSE, BACK ROCK, TOE STRUTS

1 & 2      Chasse to right on R-L-R  
3 - 4      L rock back - recover on R  
5 - 6      L toe touch to side - step on L  
7 - 8      R toe touch over L - step on R

\*Count 5 - 8 angle body to 10.30

## Sect 2 : SIDE CHASSE, BACK ROCK, TOE STRUTS

1 & 2      Chasse to left L-R-L  
3 - 4      R rock back - recover on L  
5 - 6      R toe touch to side - step on R  
7 - 8      L toe touch over R - step on L

\*Count 5 - 8 angle body to 1.30

## Sect 3 : STEP , TOUCH with ¼ TURN RIGHT (X4)

1 - 2      ¼ right step R forward - touch L (3.00)  
3 - 4      ¼ right step L to side - touch R (6.00)  
5 - 6      ¼ right step R forward - touch L (9.00)  
7 - 8      ¼ right step L to side - touch R (12.00)

\*For easy option without turns , do side step and touch R-L-R-L  
(Restart here on wall 4)

## Sect 4 : V-STEP , OUT OUT HOLD , IN IN HOLD

1 - 4      R diag forward - L to side - R back to centre - L beside R  
&5 - 6      R out to side - L out to side - hold  
&7 - 8      R in to centre - L beside R - hold

## Sect 5 : FWD, TOUCH BEHIND, BACK, KICK, BACK BOOGIE WALK

1 - 4      R forward - L touch behind R - L back - R kick forward  
5 - 6      R back L toe out - L back R toe out  
7 - 8      R Back L toe out - L back R toe out

## Sect 6 : BACK ROCK, SIDE CHASSE

1 - 2      R rock back - recover on L  
3 & 4      Chasse to right on R-L-R  
5 - 6      L rock back - recover on R  
7 & 8      Chasse to left on L-R-L

## Sect 7 : CROSS , SIDE POINT , JAZZ BOX

1 - 4      Cross R over L - touch L to side - cross L over R - touch R to side  
5 - 8      Cross R over L - L back - R to side - L forward

## Sect 8 : K-STEP

1 - 4      R diag fwd - touch L beside R - L diag back - touch R beside L  
5 - 8      R diag back - touch L beside R - L diag fwd - touch R beside L

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