

Burning In My Heart

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Beginner
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音乐: I Can't Help Myself - Four Tops



Intro : 24 counts // 1 RESTART (wall 4 after 24 counts)

Sect 1 : SIDE CHASSE, BACK ROCK, TOE STRUTS

1 & 2 Chasse to right on R-L-R
3 - 4 L rock back - recover on R
5 - 6 L toe touch to side - step on L
7 - 8 R toe touch over L - step on R

*Count 5 - 8 angle body to 10.30

Sect 2 : SIDE CHASSE, BACK ROCK, TOE STRUTS

1 & 2 Chasse to left L-R-L
3 - 4 R rock back - recover on L
5 - 6 R toe touch to side - step on R
7 - 8 L toe touch over R - step on L

*Count 5 - 8 angle body to 1.30

Sect 3 : STEP , TOUCH with ¼ TURN RIGHT (X4)

1 - 2 ¼ right step R forward - touch L (3.00)
3 - 4 ¼ right step L to side - touch R (6.00)
5 - 6 ¼ right step R forward - touch L (9.00)
7 - 8 ¼ right step L to side - touch R (12.00)

*For easy option without turns , do side step and touch R-L-R-L
(Restart here on wall 4)

Sect 4 : V-STEP , OUT OUT HOLD , IN IN HOLD

1 - 4 R diag forward - L to side - R back to centre - L beside R
&5 - 6 R out to side - L out to side - hold
&7 - 8 R in to centre - L beside R - hold

Sect 5 : FWD, TOUCH BEHIND, BACK, KICK, BACK BOOGIE WALK

1 - 4 R forward - L touch behind R - L back - R kick forward
5 - 6 R back L toe out - L back R toe out
7 - 8 R Back L toe out - L back R toe out

Sect 6 : BACK ROCK, SIDE CHASSE

1 - 2 R rock back - recover on L
3 & 4 Chasse to right on R-L-R
5 - 6 L rock back - recover on R
7 & 8 Chasse to left on L-R-L

Sect 7 : CROSS , SIDE POINT , JAZZ BOX

1 - 4 Cross R over L - touch L to side - cross L over R - touch R to side
5 - 8 Cross R over L - L back - R to side - L forward

Sect 8 : K-STEP

1 - 4 R diag fwd - touch L beside R - L diag back - touch R beside L
5 - 8 R diag back - touch L beside R - L diag fwd - touch R beside L

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