

# Half Stoned

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: One Thing At A Time - Morgan Wallen



No tags or restarts

## #32 count intro

### [1-8] Rock return with a ¼ turn : Triple step : Step turn: Triple step

1, 2            Step to side with R, recover on L with a ¼ turn over L shoulder (9:00)  
3&4            Step forward R, L, R  
5, 6            Step forward L, ½ turn over R shoulder and put weight on R (3:00)  
7&8            Step forward L, R, L

### [9-16] Step Touch x2: Rock Return: Coaster step

1, 2            Cross R in front of L, Toe tap L  
3, 4            Cross L in front of R, Toe tap R  
5, 6            Step forward on R, rock recover and put weight on L  
7&8            Step back on R, step L next to R, step forward on R

### [17-24] Side rock return: Grape vine: Side rock return: Kick-ball-change

1, 2            Step to side with L, recover on R  
3&4            Step L behind R, step side with R, L in front of R  
5, 6            Step side with R, recover on L  
7&8            Kick R, step ball of R, switch weight to L

### [25-32] Step back, hold x2 : rock : return : ½ turn x2

1, 2            Step back on R, hold one count  
3, 4            Step back on L, hold one count  
5, 6            Step back on R, recover forward on L  
7, 8            ½ turn over L shoulder and step back on R (9:00), ½ turn over L shoulder step forward on L (3:00)

### Alternates for steps [25-32]

#### Alternate 1

#### Rock return : walk back x2 : rock return : ½ turn x2

1, 2            Step forward on R, recover on L  
3, 4            Walk back R, L  
5, 6            Step back on R, recover forward on L  
7, 8            ½ turn over L shoulder and step back on R (9:00), ½ turn over L shoulder step forward on L (3:00)

#### Alternate 2

#### Step turn, walk forward x2 : step turn : ½ turn x2

1, 2            Step forward on R, ½ turn over L shoulder and put weight on L (9:00)  
3, 4            Walk forward R, L  
5, 6            Step forward on R, ½ turn over L shoulder and put weight on L (3:00)  
7, 8            ½ turn over L shoulder and step back on R (9:00), ½ turn over L shoulder step forward on L (3:00)

Last Update: 25 Jan 2023

