

Take a Chance on Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Ed Adams (USA) - January 2023
音乐: Take a Chance On Me - ABBA : (Album: ABBA Gold Greatest Hits)



This 32-count, 2 wall dance was inspired by Susan Prats (USA) 16 count, 4 wall dance by the same name. Her dance served as a building block for this dance—thank you Susan.

Right lead. Begin on vocals “If you’re all alone”—start on word “alone”

CROSS ROCK, SIDE SHUFFLE R, CROSS ROCK, SIDE SHUFFLE L

1-2, 3&4 Cross right over left, Recover on left, Shuffle right-left-right to right side

5-6, 7&8 Cross left over right, Recover on right, Shuffle left-right-left to left side

FORWARD SHUFFLE, FORWARD ROCK, BACK SHUFFLE, BACK ROCK

1&2, 3-4 Shuffle forward right-left-right, Rock left forward, recover on right

5&6, 7-8 Shuffle back left-right-left, Rock right back, recover on left

SIDE TOGETHER, SIDE SHUFFLE, SIDE SHUFFLE, BACK ROCK

1-2, 3&4 Step right to the right, Step left together, Shuffle right-left-right to right side

5&6, 7-8 Shuffle left-right-left to left side, Rock right back behind left, Recover on left

ROCKING CHAIR, PADDLE TURN, PADDLE TURN

1-2-3-4 Rock right forward, Recover on left, Rock right back, Recover on left

5-6-7-8 Step right forward, Pivot ¼ turn left, Step right forward, Pivot ¼ turn left

BEGIN AGAIN

No Tags—No Restarts!
