My Guy



编舞者: Ed Adams (USA) - January 2023

音乐: My Guy - Scooter Lee



Start on vocals after 16 counts

(1-8) R KICK BALL CHANGE X 2. R SIDE SHUFFLE. BACK ROCK. RECOVER
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1&2	Kick R Forward, Step Ball of R next to L, Step L next to R
3&4	Kick R Forward, Step Ball of R next to L, Step L next to R
5&6	Step R to R side, Step L next to R, Step R to R side

7-8 Rock back on L, Recover weight on R

(9-16) L KICK BALL CHANGE X 2, L SIDE SHUFFLE, BACK ROCK, RECOVER

1&2	Kick L Forward, Step Ball of L next to R, Step R next to L
3&4	Kick L Forward, Step Ball of L next to R, Step R next to L
5&6	Step L to L side, Step R next to L, Step L to L side
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7-8 Rock back on R, Recover weight on L

(17-24) DIAGONAL STEPS FORWARD X2, DIAGONAL STEPS BACK X2

1-2	Step R diagonally forward, Touch L next to R and Clap
3-4	Step L diagonally forward, Touch R next to L and Clap
5-6	Step R diagonally back, Touch L next to R and Clap
7-8	Step L diagonally back, Touch R next to L and Clap

(25-32) VINE R WITH TOUCH, VINE L WITH 1/4 TURN TOUCH

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1-4	Sten R to R side	Step I behind R	Sten R to R side	Touch I next to R

5-8 Step L to L side, Step R behind L, Turn 1/4 L and Step L forward, Touch R next to L

Begin Again!

Note: At end of dance (third time facing 3 o'clock), do first 16 counts, then add 2 counts (Step R forward and pivot ¼ turn left). You will then be facing home wall when dance ends.

This dance gives beginners experience with right and left kick ball changes.