

Xin Nian Hao

拍数: 64 墙数: 4 级数: Improver
编舞者: Lily Kho (INA) - January 2023
音乐: Nian Jie Shi Jing (年節時景) - M-Girls (四个女生)



SECTION 1. MODIFY RUMBA BOX

1,2 Step RF to Right side, Step LF beside RF
3&4 Step forward on RF, Step LF beside RF, Step forward on RF
5,6 Step LF to Left side, Step RF beside LF
7&8 Step backward on LF, step back on RF beside LF, Step backward on LF

****Restart here on Wall 2**

SECTION 2. VINE, TOUCH, ROLLING VINE, TOUCH

1,2 Step RF to Right side, Cross Lf behind RF
3,4. Step RF to Right side, Touch on LF
5,6 Make 1/4 turn L, Step LF forward, Make 1/4 turn L,
7,8 Make 1/2 turn L, Touch on RF

(Option for section 2: Vine R, touch, Vine L, touch)

SECTION 3. CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE, HOLD

1,2 Cross RF over LF, Recover on LF
3,4 Step RF to right side, Recover on LF
5,6. Cross RF over LF, Recover on LF
7, 8 Big step on RF to Right side, Hold

SECTION 4. CROSS ROCK, SIDE ROCK, CROSS ROCK, TOUCH

1,2 Cross LF over RF, Recover on RF
3,4 Step LF to left side, Recover on RF
5,6. Cross LF over RF, Recover on RF
7,8 Step on LF to left side, Touch on RF beside LF

****Restart here on Wall 4**

SECTION 5. LITTLE JUMP, HOLD, HIP BUMP, 1/4 TURN L LITTLE JUMP, HIP BUMP

&1,2 Step RF to right side with little jump, Step LF beside RF, Hold
3&4 Hip bump L,R,L
&5,6 Make 1/4 turn L, Step LF to left side with little jump, step RF beside LF, Hold
7&8 Hip bump R,L,R

SECTION 6. 1/4TURN L LITTLE JUMP ,HOLD, HIP BUMP, 1/4 TURN L LITTLE JUMP, HIP BUMP

&1, 2 Make 1/4 turn Left, step RF to right side with little jump, Step LF beside RF, Hold
3&4. Hip Bump L, R, L
&5,6. Make 1/4 turn Left, step LF to left side with little jump, Hold
7&8. Hip Bump R,L,R

SECTION 7. ROCKING CHAIR, SHUFFLE FORWARD 2X

1,2 Step RF forward, Recover on LF
3,4. Step backward on RF, Recover on LF
5&6 Step RF forward, Step LF beside RF, Step RF forward
7&8 Step LF forward, Step RF beside LF. Step LF forward

SECTION 8. PADDLE 1/2TURN, JAZZBOX

1,2. Step RF forward , Make 1/4 turn L
3,4. Step RF forward, Make 1/4 turn L

- 5,6. Cross RF over LF, Step Back on LF
7,8. Step RF to right side, Step LF forward

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