Timbale Groove

拍数: 32

级数: Intermediate Cha Cha

编舞者: Mikael Mölsä (FIN) - 17 December 2022

音乐: Timbale Groove - Willie Bobo : (Album: Popcorn Shakers)

Starting point: At the trumpet, at about 0:09.

Note: Please don't use the 2:31 version (2002 remix), as that one cuts out rather poorly. Use the original version (the 2:48 version) as that one has a proper fade-out.

1/4 LEFT TURNING CROSS STEP, HOLD, 1/4 LEFT TURNING CROSS STEP, HOLD, SIDE ROCK, ROCK STEP, POINT

- 1-2 Step left across right and turn 1/4 to left, hold
- &3-4 Step right to right side, step left across right and turn 1/4 to left, hold
- &5-6 Rock right to right side, hold, recover weight back to left
- 7& Step right next to left, rock left to left side
- 8&1 Recover weight back to right, step left next to right, point right to right side

HOLD, 1/2 TURN & POINT, HOLD, 1/4 LEFT TURNING SWEEP, STEP ACROSS, SIDE SHUFFLE

- 2& Hold, step weight to right
- 3-4 Turn 1/2 to right by pointing left to left side, hold
- 5-6 Turn 1/4 to left, sweep right from back to front
- 7 Step right across left
- 8&1 Step left to left side, step right next to left, step left to left side (this is 1. step of a rock step)

SYNCOPATED ROCK STEPS, ROCK FORWARD, STEP BACK, LOCK SHUFFLE BACK

- 2& Recover weight back to right, step left next to right
- 3-4& Rock right to right side, recover weight back to left, step right next to left
- 5-6 Rock left forward, recover weight back to right
- 7 Step left back
- 8&1 Step right back, lock right across left, step right back

SYNCOPATED LOCK STEPS THAT TURN A FULL TURN, SYNCOPATED ROCK STEP FORWARD, SYNCOPATED ROCK STEP BACK

- 2& Turn $\frac{1}{2}$ to left and step left forward, lock right behind left
- 3& Turn ¼ to left and step left forward, lock right behind left
- 4& Turn ¼ to left and step left forward, lock right behind left
- 5 Step left forward
- 6&7 Rock right forward, recover weight back to left, step right back
- 8& Rock left back, recover weight back to right

Note: With counts 2-4 you turn a full turn to your left.

REPEAT





墙数:4