

Flowers

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Flowers - Miley Cyrus



***3 Restarts

- wall 3 count 16
- wall 4 count 24
- wall 7 count 16

INTRO

NOTE- Intro starts at first lyric.

Intro 8 count - sequence: 3rd, 4th, 1st, 2nd

Intro (count 1-8)

- 1,2,3&4 Step forward RF, step back on LF sweep around RF, step back RF, side LF, front RF
- &5 Ball-change LF RF,
- 6,7&8 recover LF, shuffle RF side right

(count 9-16)

- 1,2 step forward LF, tap in LF
- 3,4 step RF 1/2 pivot turn
- 5&6 Shuffle forward RF,
- 7,8 step LF 1/2 pivot , recover weight RF

(count 17-24)

- 1,2&3,4 Step Front RF, LF Bounce side left, cross LF over RF, step side RF,
- 5&6 sailor Left foot,
- 7&8 RF shuffle step 1/2 turn to back wall

(count 25-32)

- 1&2 LF Wizard step
- 3&4 Rf Wizard step
- 5,6 step forward LF, recover RF
- &7,8 Ball change LF step forward RF , 1/2 pivot turn

#1st Wall count starts at chorus

Continue with this pattern

#1st 8 count

- 1,2&3,4 Step Front RF, LF Bounce side left, cross LF over RF, step side RF,
- 5&6 sailor LF
- 7&8 RF shuffle step to back wall

Restart at 3rd wall

Restart at 7th wall

#2nd 8 count

- 1&2 LF Wizard step
- 3&4 RF Wizard step
- 5,6 LF step forward push off, recover RF
- &7,8 Ball change LF step forward RF , 1/2 pivot turn

Restart at 4th wall

#3rd 8 Count

- 1,2,3&4 Step forward RF, step back on LF sweep around RF, step back RF, side LF, front RF

&5 Ball-change LF RF,
6,7&8 recover LF, shuffle RF side right

#4th 8 Count

1,2 step forward LF, tap in LF
3,4 step RF 1/2 pivot turn
5&6 Shuffle forward RF,
7,8 step LF 1/2 pivot , recover weight RF
&1 ball-change LF RF

Last Update: 21 Jan 2023
