

# Message in a Bottle (aka Emma's Dance)

**COPPER** KNOB  
STEPSHEETS

拍数: 64                      墙数: 4                      级数: Phrased Improver  
编舞者: Jessica Louise (USA) - January 2023  
音乐: Message In A Bottle (Taylor's Version) (From The Vault) - Taylor Swift



**Introduction: 8 count introduction**

**Sequence: AA, BB, AA, BB, AA, BB, A**

**Tag – Wall 5 (12:00), Wall 10 (9:00) after 28 cts RESTART facing (6:00)**

**Part A: Starts facing 12:00 & 9:00**

**Section 1: Walk forward, point toes side**

1-4                      Walk forward R, L, R, L

5-8                      Point R toe to side, step R back in place, Point L toe to side, step L back in place

**Section 2: Walk backward, point toes side**

9-12                     Walk back R,L,R,L

13-16                   Point R toe to side, step R back in place, Point L toe to side, step L back in place

**(Wall 5: 4ct Tag – Rocking Chair - Rock forward right, recover, Rock back right, recover)**

**Section 3: Shuffle forward, ½ turn Right, Shuffle forward ½ turn Left**

17&18                   Step Right Forward, Close Left Next to Right, Step Forward on Right,

19-20                   Step L, Pivot ½ Right

21&22                   Step Left Forward, Close Right Next to Left, Step Forward on Left

23-24                   Step R, Pivot ½ Left

**Section 4: Step Sway R, Step Sway L, Vine Right ¼ Left**

25-26                   \*Step R side sway & touch left toe

27-28                   \*Step L side sway & touch right toe

29-32                   R Step side, cross L behind, R Step side, turn ¼ step L

**(Repeat cts 1-32 facing 9:00)**

**\*Wall 10: ¼ turn Left - Part B**

**PART B: Starts facing 6:00 & 3:00**

**Section 1: Chasse R, Rock Back, Recover, Chasse L, Rock Back, Recover**

1&2                      Step R to R side, step L next to R (&), step R to R side

3-4                      Rock L behind R, recover on R

5&6                      Step L to L side, step R next to L (&), step L to L side

7-8                      Rock R behind L, recover on L

**Section 2: V Step, Step Forward clap, Step Back clap**

9-10                      Step R to R forward diagonal, Step L to L forward diagonal

11-12                   Step R center, Step L next to R

13-14                   Step R diagonal forward & clap

15-16                   Step L diagonal back & clap

**Section 3: Chasse R, Rock Back, Chasse L, Rock Back**

17&18                   Step R to R side, step L next to R (&), step R to R side

19-20                   Rock L behind R, recover on R

21&22                   Step L to L side, step R next to L (&), step L to L side

23-24                   Rock R behind L, recover on L

**Section 4: V Step, Step Forward clap, ¼ L Step Back clap**

25-26 Step R to R forward diagonal, Step L to L forward diagonal

27-28 Step R center, Step L next to R

29-30 Step R diagonal forward & clap

31-32 Turn ¼ Left, Step L diagonal back & clap

**(Repeat cts 1-32 facing 3:00 Wall)**

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