

# Trashy Women

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 1      级数: Absolute Beginner  
编舞者: Dee Palmer (USA) - January 2023  
音乐: Trashy Women - Confederate Railroad



## #16 Count Intro

### ( 1-8) VINE RIGHT AND LEFT

1-4            Step R to right side, step L behind right, step R to side, touch L beside right  
5-8            Step L to left side, step R behind left, step L to side, touch R beside left

### (9-16) VINE RIGHT AND LEFT

1-4            Step R to right side, step L behind right, step R to side, touch L beside right  
5-8            Step L to left side, step R behind left, step L to side, touch R beside left

Option for 4 wall dance is a left turn with the left vine

### (17-24) 4 TOE/HEEL STRUTS - ALTERNATING FEET

1-4            Touch right toe forward, drop heel, touch left toe forward, drop heel  
5-8            Touch right toe forward, drop heel, touch left toe forward, drop heel

### (25-32) RIGHT AND LEFT DOUBLE HIP BUMPS, R-L-R-L SINGLE HIP BUMPS

1-4            Step right foot slightly forward and bump hips, two times right and two times left  
5-8            Bumps hips, one time - R - L - R - L

## REPEAT

For a Christmas dance, Santa Claus Is Coming In A Boogie Woogie Choo Choo Train by the Tractors (long intro)

Fun, easy steps with no turning, for those just learning to dance!

Last Update: 5 Dec 2023

---