

Amada Mia Amore Mio

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sascha Wolf (DE) - January 2023
音乐: Amada mia amore mio (Original Mix) - Mike de Ville



Part 1: Charleston Step

1 2 RF point fwd - RF step back
3 4 LF point bwd - LF step fwd
5 6 RF point fwd - RF step back
7 8 LF point bwd - LF step fwd

Part 2: Jazzbox - Chassé - Cross Rock - Chassé

1 2 LR cross over LF - LF back and a 1/4 turn to right
3&4 RF to side - LF close to RF - RF to side
5 6 LF cross over LF - RF back on place
7&8 LF to side - RF close to LF - LF to side

If you like, you can add Chicken Wings in this part, for Fun

Part 3: Point Point Sailor Step - Point Point Sailor Step

1 2 RF point (or kick) over LF - RF point (or kick) to diagonal right fwd
3&4 RF cross behind LF - LF close to RF - RF to side
5 6 LF point (or kick) over RF - LF point (or kick) to diagonal left fwd
7&8 LF cross behind RF - RF close to LF - LF to side

If you like, you can add an „Uhh Uhh“ at the Points/Kicks

Part 4: Step Turn - Shuffle - Step - Stomp - Clap

1 2 RF step fwd, 1/2 turn to left and LF step fwd
3&4 RF fwd - LF close or Lock to RF - RF fd
5 6 LF step fwd, 1/2 turn to right and RF step fwd
7 8 LF Stomp fwd - Clap your hand

Tag: After Wall 2 and 6

1-4 Put your right Hand in the Air and pull it down while your Body is doing a Bodyroll

You can also Just snap in the Air, or do some other funny moves.

Last Update: 16 Jan 2023