

Flowers

拍数: 52 墙数: 2 级数: Intermediate
编舞者: Daan Geelen (NL) - January 2023
音乐: Flowers - Miley Cyrus



Intro: 8 counts, start on the word GOOD

Restart: Wall 3 after 16 counts restart the dance at 12 o'clock

Section 1: Step Side, Rock Fwd, Recover with Sweep, Sailorstep ¼ Turn, Pivot ½ Turn, ¼ Rock & Cross;

1 2 3 Step R to Rightside, Rock L over R, Recover to R with Sweep
4&5 Step L behind R, Close R next to L, Step L ¼ Turn Fwd (facing 9 o'clock)
6 7 Step R Fwd, Pivot ½ Turn Left
8&1 ¼ Turn Left Rock R to Rightside, Recover to L, Cross R over L (facing 12 o'clock)

Section 2: Side Rock, Recover, Behind, Side, Cross, Hold, Ball Cross, Side, Close, Fwd;

2 3 Rock L to Leftside, Recover to R
4&5 Step L behind R, Step R to Rightside, Cross L over R
6&7 Hold, Step R next to L, Cross L over R
8&1 Step R to Rightside, Close L next to R, Step R Fwd (facing 12 o'clock)

Restart here start with step R to Rightside

Section 3: Pivot Turn, Shuffle ½ Turn, ½ Turn, ½ Turn, CoasterStep;

2 3 Step L Fwd, ½ Turn Right (weight ends on R)
4&5 Step L ¼ Turn Right to Leftside, Close R next to L, Step L ¼ Turn Right back
6 7 Step R ½ Turn Right Fwd, Step L ½ Right back
8&1 Step R back, Close L next to R, Step R Fwd

Section 4: Walk, Walk, Side Rock, Recover, Step Fwd, Pivot ½ Turn, ¼ Rock, Recover, Cross;

2 3 Step L Fwd, Step R Fwd
4&5 Rock L to Leftside, Recover to R, Step L Fwd
6 7 ½ Turn Right in 2 counts
8&1 ¼ Turn Right Rock L to Leftside, Recover to R, Cross L over R (facing 9 o'clock)

Section 5: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, SailorStep ½ Turn;

2 3 Rock R to rightside, Recover to L
4&5 Cross R behind L, Step L to Leftside, Cross R over L
6 7 Rock L to Leftside, Recover to R
8&1 Step L Behind R, Close R next to L, Step L ½ Turn Left Fwd (facing 3 o'clock)

Section 6: 1/8 Walk, 1/8 Walk, Lock Step Fwd, Step Fwd, ½ Turn Sweep Back to Front

2 3 Step R 1/8 Turn Left Fwd, Step L 1/8 Turn Left Fwd (facing 6 o'clock)
4&5 Step R Fwd, Close L next to R, Step R Fwd
6 7 8 Step L Fwd with Prep, ½ Turn Left with Sweep from Back to Front

Section 7: Cross, Step Side, Sway to Leftside

1 2 3 4 Cross R over L, Step L to Leftside, Sway to Left in 2 counts

Start again! Enjoy!