

Crown and Coke

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Marianne Langagne (FR) - 13 January 2023
音乐: Crown and Coke - Kristen Foreman



Intro: 16 Counts – Strats on TEN « If I'm TEN minutes » – No Tag – No Restart

S1: ROCK STEP FWD & STEP FWD ON ½ TURN R, POINT L TO LEFT, TOUCH, SIDE, TOGETHER, SIDE, TOGETHER, STEP FWD

1-2 RF Fwd, Recover on LF
&3-4 RF Fwd in ½ Turn R (6:00), L Point to the L, Touch LF next to RF (L Knee In)
5-6 LF to the L, Together (weight on RF)
7&8 LF to the L, Together, LF Fwd (weight on LF)

S2: STEP ½ TURN L / L KICK, COASTER STEP, STEP FWD, HOLD & STEP FWD, SIDE ROCK

1-2 RF Fwd, Pivot ½ Turn L on R Ball / Kick LF (12:00)
3&4 LF Back, Together, LF Fwd
5-6 RF Fwd, Hold (weight on RF)
&7-8 LF Fwd, RF to the R, Recover on LF

S3: CROSS, BACK, BACK LOCK BACK, STEP FWD ¼ TURN L, CLOSE ¼ TURN L, COASTER STEP

1-2 Cross RF over LF, LF Back
3&4 RF Back, Cross LF over RF, RF Back
5-6 LF Fwd in ¼ Turn L (9:00) , Together in pivot ¼ Turn L on L Ball (6:00) (weight on RF)
7&8 LF Back, Together, LF Fwd

S4: STEP ¼ TURN L, CROSS SHUFFLE, SIDE ROCK, ½ TURN L / SIDE SHUFFLE TO THE LEFT

1-2 RF Fwd, ¼ Turn L (3:00) (weight on LF)
3&4 Cross RF over LF, LF to the L, Cross RF over LF
5-6 LF to the L, Recover on RF
7&8 ½ Turn L on R Ball – LF to the L (9:00), Together, LF to the L

ENJOY !!!

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