

Teruskanlah

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Intermediate NC2S
编舞者: Chok Fredo (INA) & Lietha Monita (INA) - December 2022
音乐: Teruskanlah - Agnes Monica



Start Dance on Vocal – No Tags –

**2 Restarts:

On wall 4 (after 28 counts) facing 06.00

On wall 8 (after 24 counts) facing 12.00

SEC1: BASIC NC (R,L) – 1/8 TURN RIGHT – STEP FORWARD – PIVOT HALF TURN – FULL TURN

1 2& Step R to right side, Cross L slightly behind R, R cross over L
3 4& Step L to left side, Cross R slightly behind L, L crossover R
5 6& 7 1/8 turn right stepping R forward (13.30), Step L forward, 1/2 turn right step R in place, Step L forward
8& 1/2 turn left step R back, 1/2 turn left step L forward

SEC2: PIVOT 1/2 TURN LEFT – FULL TURN – SYNCOPATED WALK FORWARD – STEP BACK AND SWEEP – 1/2 TURN RIGHT – SAILOR STEP

1 2& Step R forward, 1/2 turn left step L in place, Step R forward, 1/2 turn right stepping L back
3 4& 1/2 turn right stepping R forward, Walk forward L, R, L
5 6 Step R back and sweep L from front to back, Step L back and sweep R from front to back
7 8& 1/2 turn right stepping R back (04.30), Close L together R, Step R to side

SEC3: PIVOT HALF TURN RIGHT (2X) – SYNCOPATED WALK FORWARD – RECOVER – 3/8 TURN LEFT – STEP FORWARD – CROSS SHUFFLE

1 2& Step L forward, 1/2 turn right step R in place, Step L forward, 1/2 turn right step R in place
3& 4 Walk forward L, R, Rock L forward with Lunge (04.30)
5& 6 Recover on R, 3/8 turn left stepping L forward, Step R forward (12.00)
7 8& Cross L over R, Step R to right side, Cross L over R

SEC4 : 1/2 TURN LEFT – STEP BACK AND SWEEP – CROSS BEHIND – STEP SIDE – STEP FORWARD AND RONDE – CROSS OVER – 1/4 TURN RIGHT (2X) – STEP SIDE – CROSS OVER – RECOVER – 1/4 TURN RIGHT – STEP FORWARD – UNWIND FULL TURN – STEP FORWARD

1 2& 1/2 turn left stepping R back and sweep L, L cross behind R, Step R to right side
3 4& Step L forward while ronde on RF, R cross over L, 1/4 turn right stepping L back
5 6& 1/4 turn right stepping R to right side, Cross L over R, Recover on R (12.00)
7 8& 1/4 turn right stepping L forward (09.00), Cross R over L and unwind full turn to left, Step L forward

* Turn left 1/4 before you start to next wall