

# Up In The Giddy Up

拍数: 48      墙数: 2      级数: Improver  
编舞者: Darren Tubridy (UK) & David Sinfield (UK) - January 2023  
音乐: Giddy Up! - Shania Twain



**Intro: 8 Counts, Start at approx.. 5 secs**

**SEC 1: Side Rock Cross, Side Rock Cross, Toe, Heel, Stomp, Toe, Heel, Stomp**

1&2      Rock left to left, recover weight onto right, cross left over right  
3&4      Rock right to right, recover weight onto left, cross right over left  
5&6      Touch left beside right, touch left heel forward, stomp left forward  
7&8      Touch right beside left, touch right heel forward, stomp right forward

**Restart 2 - Here on Wall 5**

**SEC 2: Cross, Back, ¼ Side, Cross, Back, ¼ Side, Point Switches, Touch Back ½ Heel Bounce Turn**

1&2      Cross left over right, step right back, turn ¼ left step left to left (9:00)  
3&4      Cross right over left, step left back, turn ¼ right step right to right (12:00)  
5&6&      Point left to left, step left beside right, point right to right, step right beside left  
7&8      Touch left back, turn ¼ left bounce heels, turn ¼ left bounce heels (6:00)

**SEC 3: Side, Slide, Ball Cross, Side, Slide, Ball Cross**

1-2-3      Step left to left, slide right towards left over 2 counts  
&4      Step right beside left, cross left over right  
5-6-7      Step right to right, slide left towards right over 2 counts  
&8      Step left beside right, cross right over left

**Restart 1 - Here on Wall 2**

**SEC 4: ¼ Shuffle, Step, ½ Pivot, ½ Back Shuffle, Coaster Step**

1&2      Turn ¼ left step left forward, step right beside left, step left forward (3:00)  
3-4      Step right forward, pivot ½ left transferring weight onto left (9:00)  
5&6      Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (3:00)  
7&8      Step left back, step right beside left, step left forward

**SEC 5: Heel Grind, Heel Grind, ½ Heel Grind, Ball Step, Stomp, Stomp**

1-2&      Touch right heel forward, grind right heel step left back, step right beside left  
3-4&      Touch left heel forward, grind left heel step right back, step left beside right  
5-6&      Touch right heel forward, grind right heel turn ½ right step left back, step right beside left  
(9:00)  
7&8      Step left forward, stomp right to right diagonal, stomp right to right diagonal

**SEC 6: Cross Rock, ¼ Shuffle, Rock, Coaster Step**

1-2      Cross rock left over right, recover weight onto right  
3&4      Turn ¼ left step left forward, step right beside left, step left forward (6:00)  
5-6      Rock right forward, recover weight onto left  
7&8      Step right back, step left beside right, step right forward

**Last Update - 13 Jan. 2023**