

Hell Run

拍数: 48 墙数: 0 级数: Phrased
编舞者: Stefano Buscherini (IT) - January 2023
音乐: Devil's Grin - Cory Marks



Sequence: A – B – B – A (only 16 counts) – A – B – B – A – A – B – B – B – B – Final
Start dancing after 16 counts

Part A: 32c

Section 1 - Shuffle diagonally, rock recover, full turn back, rock back recover

1&2 right forward diagonally, left next to right, step right back
3-4 rock forward on left, recover onto right
5-6 ½ turn left stepping left forward, ½ turn left stepping right (weight on right)
7-8 rock back on left, recover onto right

Section 2 - Shuffle, rock recover, jumping rock back, step, full turn

1&2 left forward, right next to left, step left (12.00)
3-4 rock forward on right, recover onto left
5&6 jumping rock back on right, return on left and step right forward
7-8 ½ turn left stepping left forward, ½ turn left stepping right next left (12:00)

Section 3 - Behind side cross, rock step, full turn, sailor step

1&2 cross step left behind right, step right to right side, cross step left over right
3-4 rock right side, recover onto left
5-6 ½ turn left stepping right side to left, ½ turn left stepping left side to right (12:00)
7&8 cross right behind left, step left to left side, step right to right side

Section 4 - Sailor step, rocking chair, jumping jazzbox

1&2 cross left behind right, step right to right side, step left to left side
3-4 rock forward on right, recover weight onto left
5-6 rock back on right, recover weight onto left
7&8& cross right over left, step left back, step right to right side, cross left over right

Part B: 16c

Section 1 - Jumped rock step, step, swivel right and back

1 jumping, rock right crossed over the left
& jumping, recover your weight on to the left
2 jumping, rock right diagonally right-back
& jumping, recover your weight on to the left
3 jumping, rock right crossed over the left
& jumping, recover your weight on to the left
4 jumping, rock right diagonally right-back
& jumping, rock left crossed over the right
5 jumping, recover your weight on to the right
6 step left side right
&7 toe fan right to right, heel fan right to right
&8 heel fan right to left, toe fan right to left

Section 2 - Shuffle, coaster step ¼ turn, step, turn ¾, step, full turn

1&2 step right side, left next to right, step right side
3&4 step left back turning ¼ to left, step right beside left, step left forward (9.00)
5-6 step right forward, turn ¾ to left (weight on left) (12:00)

7-8 step right forward, full turn to left pivoting on left (12:00)

Restart

Second A: dance 15 counts and scuff right forward restart the dance

Final

Shuffle diagonally, rock recover, full turn back, coaster step, step, slide, stomp

1&2 right forward diagonally, left next to right, step right back

3-4 rock forward on left, recover onto right

5-6 $\frac{1}{2}$ turn left stepping left forward, $\frac{1}{2}$ turn left stepping right (weight on right)

7&8 left back, step right beside left, step left forward (12.00)

1&2 step right diagonally, slide left foot next to right keeping weight on right, stomp left
