

Bengawan Solo

拍数: 64 墙数: 1 级数: High Beginner
编舞者: Ayu Permana (INA) - January 2023
音乐: Bengawan Solo (Mandarin Cha Cha) - Harry



Start after 32 counts music intro - No Tag - No Restart

SECTION 1. (RIGHT & LEFT) DIAGONAL CHASSE (01.30)

1-2-3-4 Turn 1/8 right, step R to side (1.30 - body facing 10.30) - Step L close to R - Step R to side - Touch toe L close to R
5-6-7-8 Step L to side - Step R close to L - Step L to side - Touch R to close to L

SECTION 2. (RIGHT & LEFT) DIAGONAL CHASSE (04.30)

1-2-3-4 Turn 1/4 right, step R to side (4.30 - body facing 1.30) - Step L close to R - Step R to side - Touch toe L close to R
5-6-7-8 Step L to side - Step R close to L - Step L to side - Touch R to close to L

SECTION 3. FORWARD ROCK - 1/2 TURN - HOLD - FORWARD ROCK - 1/4 TURN - HOLD (03.00)

1-2-3-4 Straighten to face front wall (12.00), step rock R forward - Recover on L - Turn 1/2 left, weight on L (6.00) - Hold
5-6-7-8 Step rock L forward - Recover on R - Turn 1/4 left, weight on L (3.00) - Hold

SECTION 4. (2X) CROSS ROCK - SIDE - HOLD (0300)

1-2-3-4 Cross rock R over L - Recover on L - Step R to side - Hold
5-6-7-8 Cross rock L over R - Recover on R - Step L to side - Hold

SECTION 5. (LEFT & RIGHT) WEAWE & LOW FLICK (03.00)

1-2-3-4 Cross R over L - Step L to side - Step R behind L - Low flick on L
5-6-7-8 Cross L over R - Step R to side - Step L behind R - Low flick on R

SECTION 6. FORWARD ROCK - 1/2 TURN - FORWARD - HOLD - FORWARD - 1/4 PIVOT TURN - CROSS - HOLD (12.00)

1-2-3-4 Step rock R forward - Recover L - Turn 1/2 right, step forward on R (9.00) - Hold
5-6-7-8 Step L forward - Turn 1/4 right, weight on R (12.00) - Cross L over R - Hold

SECTION 7. RUMBA BOX (12.00)

1-2-3-4 Step R to side - Step L close to R - Step R forward - Hold
5-6-7-8 Step L to side - Step R close to L - Step L backward - Hold

SECTION 8. SWAY (12.00)

1-2-3-4 Step rock R to side - Hold - Recover on L - Hold
5-6-7-8 Step rock R to side - Hold - Recover on L - Hold

REPEAT

ENDING:

The dance will end after completing wall 7 .. There will be 8 counts left, for nice ending please do the following steps:

RIGHT & LEFT CHASSE

1-2-3-4 Step R to side - Step L close to R - Step R to side - Hold
5-6-7-8 Step L to side - Step R close to L - Step L to side - Hold

ENJOY AND HAPPY DANCING..

Contact: permanaayu@yahoo.com

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