

Monotonia Bachata

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Denny Jay Naim (INA) & Vivin Rengga Dini (INA) - January 2023
音乐: Monotonia - Shakira & Ozuna



No Tag, No Restart!!!

START Dance after 32C - (count on Shakira Singing)

Sec 1. FORWARD TOUCH BUMP, BACK TOUCH BUMP, SIDE TOUCH BUMP RL

- 1 – 2 Step RF Forward (1), Touch LF Beside RF with Hip Bump (2)
- 3 – 4 Step LF Backward (3), Touch RF Beside LF with Hip Bump (4)
- 5 – 8 Step RF to Side (5), Touch LF Beside RF (6), Step LF to Side (7), Touch RF Beside LF (8)

Sec 2. R VINE TOUCH, L ROLLING VINE

- 1 – 4 Step RF to Side (1), Cross LF Behind RF (2), Step RF to Side (3), Touch LF Beside RF with Hip Bump (4)
- 5 – 8 ¼ turn L stepping LF forward (5), ½ turn L stepping RF backward (6), ¼ turn L stepping LF to side (7), touch on RF beside LF (12.00) (8)

Sec 3. ROCKING CHAIR, ¼ LEFT TURN HIP ROLL RL, TOUCH

- 1 – 4 Step RF Forward (1), Recover on LF (2), Step RF Backward (3), Recover on LF (4)
- 5 – 8 Making ¼ turn Left Hip Roll Right (09.00) (5), Hip Bump on Left weight on R (6), Hip Roll Left Step LF In place (7), Touch RF Beside LF with Hip Bump (8)

Sec 4. SKATE RLR HITCH, ½ LEFT TURN STEP FWD, TOUCH

- 1 – 4 Skate RF Forward to R Diagonal (1), Skate LF Forward to L Diagonal (2), Skate RF Forward to R Diagonal (3), Hitch on LF (4)
- 5 – 8 ¼ Turn L Step LF Forward (5), ¼ Turn L Step RF Forward (03.00) (6), Step LF Forward (7), Touch RF Beside LF (8)

Enjoy The Dance.. Have a Great Day and Burn The Dance Floor!!!

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