

Light of My Life

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marie Louw (SA) - January 2023
音乐: Stay with Me - Chantel Williams



INTRO: 16 COUNTS

ROCK FORWARD RIGHT, RECOVER ON LEFT, 1/2 SHUFFLE TURN RIGHT, ROCK FORWARD ON LEFT, 1/2 SHUFFLE TURN LEFT

1-2 Rock forward on right, recover back on left
3&4 ½ turn right step right forward, step left next to right, step right forward
5-6 Rock forward on left, recover back on right
7&8 ½ left step forward on left, step right next to left, step left forward

HIP SWAYS R L, COASTER STEP, ¼ TURN RIGHT, CROSS SHUFFLE

1-2 Sway hips right and left
3&4 Step back on right, step left next to right, step right forward
5-6 Step left forward, ¼ turn right step to right side
7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 Rock right side, recover on left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left side, recover on right
7&8 Cross left over right, step right to right side, cross left over right

ROCK FORWARD, SHUFFLE BACK, ROCK BACK SHUFFLE FORWARD

1-2 Rock forward on right, recover back on left
3&4 Step back on right, step left next to right, step back on right
5-6 Rock back on left, recover on right
7&8 Step forward on right, step left next to right, step left forward

REPEAT
