

# My Lovely Lady Blue

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Helaine Norman (USA) - January 2023  
音乐: Lady In Blue - Bouke



Intro: On word "on"

Tags: 2

## I. SLOW WALKS FORWARD X2; FORWARD MAMBO, HOLD

1-2            Walk R forward, hold  
3-4            Walk L forward, hold  
5-6            Rock R forward, recover to L  
7-8            Step R together, hold

Optional styling for 1-4: Walks forward with forward brushes instead of holds

## II. SLOW WALKS BACK X2; BACK MAMBO, HOLD

1-2            Walk L back, hold  
3-4            Walk R back, hold  
5-6            Rock L back, recover to R  
7-8            Step L together, hold

Optional for 5-8: Back coaster, hold

## III. SLOW ¼ R TURN JAZZ BOX

1-2            Step R over, hold  
3-4            Step L back, hold  
5-6            Step R side making ¼ turn R (3:00), hold  
7-8            Step L together, hold

## IV. ROCKING CHAIR; SIDE ROCK, TOUCH, HOLD

1-2            Rock R forward, recover to L  
3-4            Rock R back, recover to L  
5-6            Rock R side, recover to L  
7-8            Touch R together, hold

**REPEAT**

**TAGS: Facing 12:00 end of sequences 4 and 8:**

1-2            Step R side (big)  
3-4            Touch L together  
5-6            Step L side (big)  
7-8            Touch R together

Helaine43@gmail.com

Last Update: 27 Jan 2023

---