

Gigolo

拍数: 110 墙数: 1 级数: Phrased Beginner
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音乐: Gigolo - Helena Paparizou



Sequence: ABC ABC AAB(16c start sec4) D

no Tag no Restart.

PART A (16c)

sec1: SIDE steps

1-2 step RF to R side (1) step LF next to RF (2)
3&4 step RF to R side (3) step LF next to RF (&) step in place (4)
5-6 step LF to L side (5) step RF next to LF (6)
7-8 step LF to L side (7) step RF next to LF (8)

sec2: Box step

1-2 step RF to side (1) step LF next to RF (2)
3-4 step RF fwd (3) step LF next RF (4)
5-6 step LF to L side (5) step RF next to LF step (6)
7-8 step LF fwd (7) step RF next to LF(8)

PART B (40)

sec 1 SIDE MAMBO FWD MAMBO, BACK MAMBO.*****

1&2 step RF to R side(1) Recover LF (&) Together (2)
3&4 step LF to L side (3) Recover RF (&) together (4)
5&6 step RF Fwd (5) Recover LF (&) Together (6)
7&8 step LF back (7) Recover RF (&) together (8)

sec2: CROSS SAMBA, RF back Hip Bump

1&2 Cross LF over RF (1) Rock LF to side (&) Recover on LF (2)
3&4 Cross LF over RF (3) Rock RF to side (&) Recover on LF (4)
5-6 RF back (5) Hip bump (6)
7& LF Back (7) Hip bump (&)
8& RF next to LF (8) RF Flick (&)

sec3 CROSS SAMBA RIGHT, Turn 1|2 L Cross Lf overRf ,Rf to side *****

1& Cross RF over LF (1) LF to L side (&)
2& Cross RF over LF (2) LF to L side (&)
3&4 Cross RF over LF (3) LF to L side (&) Cross RF over LF (4)
5-6 Turn 1/2 L Cross LF over RF (5) RF to R side (6)
7&8 Cross LF over RF (7) RF to R side (&) Cross LF over RF (8)

sec 4 RF FWD , TURN 1/4 L (x2) , FWD CHA CHA .*****

1-2 Step RF Fwd (1) Turn 1/4 L (2)
3-4 Step RF Fwd (3) Turn 1/4 L (4)
5&6 Step RF Fwd (5) LF cross behind RF (&) Step RF Fwd (6)
7&8 Turn 1/4 R Step LF Fwd (7) RF cross behind LF (&) Step LF Fwd (8)

sec 5 Turn 1/4 L , Step Right Fwd (x2), Bine step

1-2 step RF Fwd (1) Turn 1/4 L(2)
3-4 Step RF Fwd (3) Turn 1/4 L (4)
5& Cross RF over LF (5) LF to L side (&)

- 6& RF behind cross (6) LF to L side (&)
- 7& RF in place (7) LF behind cross (&)
- 8& RF to R side (8) LF cross over RF (&)

PART C (32)

sec 1 TOUCH RF FWD, TOUCH LF FWD , TURN 1/4 R, HITCH , SIDE STEP *****

- 1& Touch RF Fwd (1) Together (&)
- 2& Touch LF Fwd (2) Together (&)
- 3& Turn 1/4 R Touch RF Fwd (3) Together (&)
- 4& LF in place (4) RF Hitch (&)
- 5& Step RF to side (5) Together (&)
- 6& Step RF to side (6) Together (&)
- 7& Step RF to side (7) Together (&)
- 8& Step LF to side (8) Together (&)

sec 2 Rock RF Fwd , Rock RF Back , Turn 1/4 R, Cross RF over LF,LF Hlitch ****

- 1& Rock RF Fwd (1) Recover LF (&)
- 2& Rock RF back (2) Recover LF (&)
- 3& Turn 1/4 R Rock RF Fwd (3) Recover LF (&)
- 4& Rock RF Fwd (4) Recover LF (&)
- 5& Cross RF over LF (5) LF to L side (&)
- 6& Cross RF over LF (6) LF hitch (&)
- 7& Cross LF over RF (7) RF to R side (&)
- 8& LF cross over RF (8) RF next to LF touch (&)

sec 3 *****

Same as section 1 PART C *****

sec 4 TOUCH RF FWD , TOUCH LF FWD , TURN 1/4 R, HITCH, SIDE STEP *****

- 1& Rock RF Fwd (1) Recover LF (&)
- 2& Rock RF back (2) Recover LF (&)
- 3& Turn 1/4 R Rock RF Fwd (3) Recover LF (&)
- 4& Rock RF back (4) Recover LF (&)
- 5-6 Cross RF over LF (5) LF to L side touch (6)
- 7-8 LF next to RF (7) Turn 1/4 R together Rf touch(8)

PART D *****

sec 1 SIDE STEP ,K STEP

- 1& Step RF to R side (1) LF next to RF (&)
- 2& Step RF to R side (2) LF next to RF (&)
- 3& Step LF to L side (3) RF next to LF (&)
- 4& Step LF t L side (4) RF next to LF (&)
- 5& RF Fwd (5) LF together Touch (&)
- 6& LF back (6) RF together Touch (&)
- 7& RF back(7) LF Together Touch (&)
- 8& LF Fwd (8) RF Together Touch (&)

sec2 Side Step, JazzBox

- 1& Step RF to R side (1) LF next to RF (&)
- 2& Step RF to R side (2) LF next to RF (&)
- 3& Step LF to L side (3) RF next to LF (&)
- 4& Step LF to L side (4) RF next to LF (&)
- 5-6 RF Fwd (5) Turn 1/4 R LF back (6)
- 7-8 RF to R side (7) LF Fwd (8)

sec 3 *****

Same as Section 1 Part D

Sec 4 *****

Same as Section 2 Part D

Thank you for watching - happy new year ^^* enjoy the dance ^^~~~~
