

Steal Your Heart Away

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner Cha
编舞者: Pat Newell (USA) - 28 December 2022
音乐: Steal Your Heart Away - Fleetwood Mac
或: Blue Spanish Eyes - Bouke : (16 in.)



Senior Series

This dance is part of an AB beginner series to teach seniors to dance

FORWARD AND BACK ROCKS

1,2 3&4 Rock R fwd, back on L and RLR
5,6 7&8 Rock L back, fwd on R and LRL

REPEAT 1st 8

SIDE ROCK RECOVER RIGHT AND LEFT

1,2 3&4 Rock R to side, recover and RLR
5,6 7&8 Rock L to side, recover and LRL

STEP TOGETHER, TRIPLES RIGHT AND LEFT TO 1/4 LEFT 9:00

1-2 3&4 Step R to R, L tog and RLR
5,6 7&8 Step L to L, R tog turn 1/4 L and LRL 9:00

Dance for the health of it!
