

Lonely

拍数: 32 墙数: 2 级数: Cuban
编舞者: Katja Billert (DE) - December 2022
音乐: Lonely - RM



Side, Rock Back, Lock Step, Rock Step, Chassé

- 1 LF Step L
- 2 RF Step backwards
- 3 LF Recover weight
- 4 RF Step forwards
- & LF Cross behind
- 5 RF Step forwards
- 6 LF Step forwards
- 7 RF Recover weight
- 8 LF ¼ Turn L, Step L
- & RF Step together
- 9 LF Step L

Swivel, ¼ Turn Flick, Spiral Turn, Lock Step

- 10 RF Heel Turn in
- 11 RF Heel Turn out, LF Heel Turn in
- 12 RF Heel Turn in, LF Heel Turn out
- & LF ¼ Turn R, Flick
- 13 LF Step forwards
- 14 LF start Full turn R
- 15 LF finish full turn R
- 16 RF Step forwards
- & LF Cross behind
- 17 RF forwards

Rock Step, Chassé, Touch, 1/8 Turn, Lock Step

- 18 LF Step forwards
- 19 RF Recover weight
- 20 LF ¼ Turn L, Step L
- & RF Step together
- 21 LF Step L
- 22 RF Touch next to L
- & RF Touch R
- 23 RF Touch next to L, RF Step in place, 1/8 Turn R (10:30)
- 24 LF Step forwards
- & RF Cross behind
- 25 LF Step forwards

Rock Step, Lock Step Backwards, Sailer Turn, Together

- 26 RF Step forwards
- 27 LF Recover weight
- 28 RF Step backwards
- & LF Cross over
- 29 RF Step backwards
- 30 LF 3/8 Turn L, cross behind
- & RF Step R

31

LF Step L

32

RF next to L
