

Anti-Hero

拍数: 32 墙数: 4 级数: Beginner
编舞者: Margot Brunet (USA) - November 2022
音乐: Anti-Hero - Taylor Swift



3 tags (Beginning wall 4, Beginning wall 7, wall 10 (end))

Count in: 8 counts

[1-8] R Step, Hitch, Shuffle, L Step Hitch Shuffle

1, 2 Step forward R, hitch R knee forward
&3, 4 Shuffle R forward
5, 6 Step forward L, hitch L knee forward
&7, 8 Shuffle L forward

[9-16] Hip sway, Hip sway, Sailor, Sailor Hitch

1, 2 Side step R, Hip Sway
3, 4 Side step L, Hip Sway
5&6 Cross R behind L, Step L together, Step Right to side
7&8 Cross L behind R, Step R together, L hitch

[17-24] Grapevine R hitch, Grapevine L hitch

1, 2 Side step R, Cross L behind R
&3, 4 Side step R, Cross L in front of R, Side Step R and Hitch L
5, 6 Side step L, Cross R behind L
&7, 8 Side step L, Cross R in front of L, Side Step L and Hitch R

[25-32] ¼ Turn, ½ Turn, Coaster, ½ pivot, Jazz box

1, 2 Turn ¼ right as you step R forward, Turn ½ right as you step L forward
&3, 4 Step R behind, Step L together, Step R forward
5, 6 Step L forward with ½ to the right, Step R forward
&7, 8 Cross L in front of R, Step R behind, Step L together

TAG: 8 count TAG

Appears 3 times after every chorus (song ends on the last tag)

Scissor Step, Side Point, Hold, Ball Change Side Point, Hold, Slide

1&2& Side step R, L together, Cross Right in front of L, Side point L
3, 4 Hold
&5, 6 L together, R side point, Hold
7, 8 Slide R back together

Last Update - 23 Dec. 2022