

Quittin' Ain't Workin'

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Caroline Cooper (UK) - December 2022
音乐: Quittin' Ain't Workin' - Larry Fleet



RESTART DURING WALL 5 AFTER 48 COUNTS FACING 6.

REPEAT THE LAST SECTION TWICE. STEP FWD R (TA DA!) FINISH THE DANCE FACING 12

S: 1 - HEEL GRIND, BACK ROCK, PADDLE TURN, PADDLE TURN (9)

1-2 Take weight fwd onto R heel, & arc toe over two counts
3-4 Rock back on R, recover weight to L
5-6 Step fwd R, turn 1/8th (10.30) move your weight from R to L
7-8 Step fwd R, turn 1/8th (9.00) move your weight from R to L

S: 2 - ROCKING CHAIR, V STEP (9)

1-2 Rock R fwd, recover weight to L
3-4 Rock R back, recover weight to L
5-6 Step R to R diagonal, step L to L diagonal (slightly fwd each time)
7-8 Step R back to place, then L back to place

S: 3 - STEP TOGETHER, STEP TOUCH & CLAP, STEP TOGETHER, STEP TOUCH & CLAP (SHOOP SHOOPES) (9)

1-2 Step R to R diagonal, close L next to R
3-4 Step R to R diagonal, touch L next to R
5-6 Step L to L diagonal, close R next to L
7-8 Step L to L diagonal, touch R next to L

S:4 - JUMP BACK & OUT, CLAP, JUMP BACK & OUT, FLICK, SIDE TOUCH, SIDE TOUCH (9)

&1-2 Jump back on R then L, clap
&3-4 Jump back on R then L, flick R behind L
5-6 Step R to R side, touch L next to R
7-8 Step L to L side, touch R next to L

S:5 - SIDE, BEHIND, ¼ TURN SCUFF, ¼ SIDE, BEHIND, SIDE, TOUCH (3)

1-2 Step R to R side, cross L behind R
3-4 ¼ turn R stepping fwd R, scuff L fwd
5-6 ¼ turn R stepping L to L side, cross R behind
7-8 Step L to L side, touch R next to L

S:6 - ¼ MONTEREY, ROCKING CHAIR (6)

1-2 Point R to R side, ¼ turn R, closing R next to L
3-4 Point L to L side, close L next to R
5-6 Rock R fwd, recover weight to L
7-8 Rock R back, recover weight to L

(Restart here during wall 5 facing 6)

S:7 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)

1-2 Step R toe fwd, drop R heel
3-4 Step L toe fwd, drop L heel
5-6 Rock fwd R, recover weight L
7-8 Step back on R, close L next to R

S:8 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)

- 1-2 Step R toe fwd, drop R heel
- 3-4 Step L toe fwd, drop L heel
- 5-6 Rock fwd R, recover weight L
- 7-8 Step back on R, close L next to R

Last Update: 23 Dec 2022
