Jingle Bell Rock



拍数: 64 墙数: 1 级数: Phrased High Beginner

编舞者: Mona Gardner (USA) & Jean Henke (USA) - December 2022

音乐: Jingle Bell Rock - Brenda Lee



With Special Recognition to LaVon Johnson who began the original in 2014 but was unable to complete the work.

We miss her.

Phrased: A,A, B, A,A, B, A

(A) 32c

Group 1: STEP-KICK, BASIC RIGHT, TOUCH

1-2 Step right, kick left across right
3-4 Step left, kick right across left
5-6 Step right, left meets right (Basic R)
7-8 Step right, left touch beside right (Basic R)

Group 2: STEP-KICK, BASIC LEFT, TOUCH

1-2 Step left, kick right across left
3-4 Step right, kick left across right
5-6 Step left, right meets left (Basic L)

7-8 Step left, right touch beside right (Basic L)

Group 3: VINE RIGHT, TURN 1/2 RIGHT, BRUSH, CONTINUE VINE LEFT, TOUCH

Step right, left behind right
Spin turn right ½, brush
Step left, right behind left

7-8 Step left, tough right beside Left

Group 4: SCISSORS RIGHT, SCISSORS LEFT

1-2 Step right, slide left to meet right (shift weight to left)

3-4 Cross right over left, hold

5-6 Step left, slide right to meet left (shift weight to right)

7-8 Cross left over right, hold

(B) 32c

Group 1: STEP-LOCK DIAGONALLY FORWARD

Step right diagonally forward, slide left to lock behind right
 Step right diagonally forward, slide left to lock behind right
 Step left diagonally forward, slide right to lock behind left
 Step left diagonally forward, slide right to lock behind left

Group 2: MAMBO FORWARD, MAMBO BACK

1-2 Step forward right, step back left
3-4 Step back right beside left, hold
5-6 Step back left, step forward right
7-8 Step forward left beside right, hold

Group 3: STEP BACK, HOLD, COASTER STEP

1-2 Step back right, hold3-4 Step back left, hold

5-6 Step back right, step left back to meet right

7-8 Step forward right, hold

Group 4: SIDE-ROCK-RECOVER (TOGGLE), BEHIND SIDE CROSS, HOLD

1-2 Side-rock left, recover R
3-4 Side-rock left, recover R
5-6 Step left behind right, step right

7-8 Cross left over right, hold

Ending: 16-count SPECIAL ENDING (should begin at 6:00 wall)

Paddle-turn left by rotating on left toe, pushing with the right for 8-counts

Then, do Group 1 of A until the end of dance (12:00 wall)