

# Lift Me Up [Bachata]

**COPPER** KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Vionna Feriska (INA) - December 2022  
音乐: Lift Me Up (DJ Damn Bachata Remix) - Rihanna



**NO TAG NO RESTART**

Intro 16 count

## **S1# ( SIDE - CLOSE- SIDE - TOUCH ) R-L**

1-2-3-4      step R to side, close L beside R, step R to side - touch L beside R

5-6-7-8      step L to side, close R beside L, step L to side, touch R beside L

## **S2 # ( WEAVE WITH FLICK ) R-L**

1-2-3-4      cross R over L , step L to side , cross R behind L , flick on L

5-6-7-8      cross L over R , step R to side , cross L behind R , flick on R

## **S3# ROCKING CHAIR - JAZZBOX TURN 1/4 TO RIGHT**

1-2-3-4      step R forward , recover on L , step R backward , recover on L

5-6-7-8      cross R over L , 1/4 turn right with step L back ( 03.00 ) , step R to side , step L together

## **S4# SIDE STEP WITH HIP BUMP ( R - L ) - HIP ROLL - CLOSE TOUCH WITH HIP BUMP**

1-2-3-4      step R to side with both knees bend bump hip to right, bump hip to left, step L to side with both knees bend bump hip to left, bump hip to right

5 - 7      roll hip right to left

8      touch R beside L with bump hip to right

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ENJOY YOUR MOVE ☐☐