

Good Morning Long Hui

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diana Liang (CN) - December 2022
音乐: Zao An Long Hui (早安隆回) - Yuan Shu Xiong (袁树雄)



Intro 32, NoTag/Restart

S1: Back, Drag, Together, Forward RL, Diagonal Shuffle RL

1-2& step Rf back, drag L heel towards Rf, step Lf ball next to Rf
3-4 step Rf forward, step Lf forward
5&6 step Rf to R diagonal forward, lock Lf behind Rf, step Rf to R diagonal forward
7&8 step Lf to L diagonal forward, lock Rf behind Lf, step Lf to L diagonal forward

S2: Rocking Chair, 1/2L Pivot, Forward RL

1-4 rock Rf forward, recover to Lf, rock Rf back, recover to Lf
5-6 step Rf forward, turn 1/2 to L stepping Lf in place, 6H
7-8 step Rf forward, step Lf forward

S3: Side, Hold, Together, Rock Side Recover, Synchopated Reversed Weave, Chasse 1/4L

1-2& step Rf to R side, hold, step Lf ball next to Rf
3-4 rock Rf to R side, recover to Lf
5&6 step Rf behind Lf, step Lf to L side, cross Rf over Lf
7&8 step Lf to L side, step Rf next to Lf, turn 1/4 to L stepping Lf forward, 3H

S4: Rock Forward Recover, 1/2R shuffle Forward, 1/2 R Shuffle back, Back RL

1-2 rock Rf forward, recover to Lf
3&4 turn 1/4 to R stepping Rf to R side, 6H, step Lf next to Rf, turn 1/4 to R stepping Rf forward, 9H
5&6 turn 1/4 to R stepping Lf to L side, 12H, step Rf next to Lf, turn 1/4 to R stepping Lf back, 3H
7-8 step Rf back, step Lf back

Thanks and happy dancing!

Contact: procankm@hotmail.com