

Selagi Aku Bernafas

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Fonna Queentarina (INA) - December 2022
音乐: Selagi Aku Bernafas - Sarah Mukti



*1 Tag 1 Restart

Tag: On Wall 2 After 16 C

Restart: On Wall 5 After 8 C

S1 WALK R,L, TURN 1/4 LEFT SWAY, TURN FORWARD

1 – 2 Walk on R, Walk on L
3 – 4 Turn 1/4 to L Step R to side with Sway to R, Sway to L
5 – 6 Step R forward, Step L forward Turn 1/2 to R recover on R
7 – 8 Step L forward, Turn 1/2 to L step R back, Turn 1/2 to L step L forward

S2 PRESS HOLD, TOGETHER, BASIC NIGHT CLUB R, L, FORWARD

1 – 2 & Press RF forward, Hold, Close RF Next to LF
3 – 4 & Press LF forward, Hold, Close LF Next to RF
5 – 6 & Step R to side, Cross L behind R, Step R in place
7 – 8 Step L to side, Cross R behind L, Step L in place

S3 1/4 TURN L, 1/2 TURN R, 1/4 TURN L WEAVE

1 – 2 & 1/4 Turn L Stepping R forward recover on L, 1/2 Turn R stepping R forward
3 – 4 & Step L forward, Recover on R, 1/4 Turn L Stepping L to side
5 – 6 & Cross R over Land Sweep L, Cross L over R, Step R to side
7 – 8 & Cross L behind R and Sweep R, Cross R behind L, Step L to side

S4 BASIC NIGHT CLUB R, DIAMOND 1/2 BASIC NIGHT CLUB L, SWAY L, R,L

1 Step R to side
2& 3 Turn 1/8 to L step L back, Step R back, Turn 1/8 to L, Step L side
4 & 5 Turn 1/8 to L, Step R forward, Step L forward, Turn 1/8 to L, Step R to side
6& Step L Slightly back, Cross R over L
7 8& Step L to side, Sway hips to L, Sway hips to R, Sway Hips to L

Tag 4 Count Sway hips to R – L 2X

ENJOY THE DANCE.....

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