

Baennori

拍数: 64 墙数: 4 级数: Improver
编舞者: Hyo-im Kim (KOR) - December 2022
音乐: Baennori - Jeong Dong Won



☞ Please refer to the video for arm movements.

☞ TAG(4count) : After 3wall

1-2 Making a circle with R on the floor
3-4 Making a circle with R on the floor

Section 1: R STEP DIAGONAL, HITCH, SHUFFLE, L STEP DIAGONAL, HITCH, SHUFFLE,

1-2 Step R forward to the right diagonal, Step L behind R hitching R (12:00)
3&4 Step R forward, Ball L behind R, Step R forward
5-6 Step L forward to the left diagonal, Step R behind L hitching L (12:00)
7&8 Step L forward, Ball R behind L, Step L forward

Section 2: STEP TOUCH, TURN 1/4 RIGHT WEAVE

1-2 Step R to side (Pushing body to the right with L), Touch L beside R
3-4 Step L to side (Pushing body to the left with R), Touch R beside L
5-6 Step R to side, Step L behind R
7-8 Turn 1/4 right with step R forward, Step L beside R

Section 3: SUGAR FOOT, BACK SHUFFLE

1-3 Touch R toes beside L, Touch R heel out to side, Step R cross over L
4-6 Touch L toes beside R, Touch L heel out to side, Step L cross over R
7&8 Step R back, Ball L front R, Step R back

Section 4: TURN 1/2 LEFT WITH (HITCHING L X 4), SHUFFLE(L-R)

1& Turn 1/8 left with hitching L(1), Ball L(&)(1:30)
2& Turn 1/8 left with hitching L(2), Ball L(&)(12:00)
3& Turn 1/8 left with hitching L(3), Ball L(&)(10:30)
4 Turn 1/8 left with hitching L(4) (9:00)
5&6 Step L forward, Ball R behind L, Step L forward
7&8 Step R forward, Ball L behind R, Step R forward

*** Ending**

5&6 Turn 1/4 left with step L forward, Ball R behind L, Step L forward (12:00)
7&8 Step R forward, Ball L behind R, Step R forward

Section 5: STEP, TOE SWIVEL, PELVIS UP&DOWN

1& Step L to side, Swivel R toes with heel in
2& Step R in place, Swivel L toes with heel in
3& Step L in place, Swivel R toes with heel in
4 Step R in place with down pelvis to the right
5 Up pelvis to the left (weight on R)
6& Down pelvis to the right, Up pelvis to the left
7& Down pelvis to the right, Up pelvis to the left
8 Down pelvis to the right

Section 6: L STEP, TURN 1/8 RIGHT HITCHING, R STEP, TURN 3/8 LEFT HITCHING, CHASSE, ROCK BACK, RECOVER

1-2 Step L back to left diagonal, Turn 1/8 right with Hitching R (10:30)

3-4 Step R back (10:30), Turn 3/8 left with hitching L (6:00)
5&6 Step L to side, Together R beside L, Step L to side
7-8 Rock R behind L, Recover L

Section 7: (STEP SIDE, HITCH) X4 (R-L-R-L)

1-2 Step R to side, Hitch L
3-4 Step L to side, Hitch R
5-6 Step R to side, Hitch L
7-8 Step L to side, Hitch R

Section 8: ROCKING CHAIR, TURN 3/4 RIGHT

1-2 Rock R forward, Recover L
3-4 Rock R back, Recover L
5-8 Turn 3/4 right with 4 steps(R,L,R,L)

End.

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