

# Long Shot

拍数: 36      墙数: 4      级数: Improver  
编舞者: Frank Heelan (IRE) - December 2022  
音乐: I Came Straight to You - Cliona Hagan



## Sec 1 Step lock step, Hold, Step lock step, Hold

1-2-3-4      Step forward right, lock left behind, forward right, Hold.  
5-6-7-8      Step forward left, lock right behind, forward left, Hold

## Sec 2 Rock recover, turn, Hold. Chasse ¼ turn, Hold

1-2-3-4      Rock forward right, recover to left, ½ turn right stepping forward right, Hold.(6.00)  
5-6-7-8      Turn ¼ right step left to left, right together, left to left, Hold.(9.00)

## Sec 3 Back rock recover, side touch, side together, forward, Hold.

1-2      Rock right behind, recover to left.  
3-4      Step right to right, touch left next to right.  
5-6      Step left to left, step right next to left.  
7-8      Step forward left, Hold.

## Sec 4 Rock forward recover, rock back recover, step turn, rock back recover.

1-2      Rock forward right, recover to left.  
3-4      Rock back right, recover to left.\*\*\*  
5-6      Step forward right, turn ½ right stepping back on left.  
7-8      Rock back on right, recover to left.

## Sec 4 Step forward touch, step back touch.

1-2      Step forward right, touch left behind.  
3-4      Step back left, touch right in front.

Restarts: Wall 4 and wall 7 dance 28 counts and restart \*\*\*

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)