

Hold You For Life

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Moi Moi (INA) - October 2022
音乐: Duo Xiang Zai Qing Yong De Sheng Huo Yong Pau Ni (多想在平庸的生活拥抱你)
- Ge Bi Lao Fan (隔壁老樊)



Intro : 16 count

(1-8) :Side, weave with sweep ,behind ,side ,syncopated weave ,cross Rock , Side

12&3 Step RF to R , Cross LF over RF, Step RF to R, Cross LF behind RF sweeping RF front to back
4& cross RF behind LF, Step LF to L
5&6& Cross RF over LF , Step LF to L, cross RF behind LF , Step LF to L
7&8 Cross rock RF over LF, recover on to LF, Step RF to R

(9-16) Fwd Rock, Sweep, Cross, Side, Cross, 1/4 turn L 2x, Touch ,Turn 1/4 R Fwd, Pivot turn 2x, Fwd

12&3 Rock LF Fwd , recover on to RF, Sweep LF front to back, cross LF behind RF
&4&5 Step RF to R, cross LF over RF, Turn 1/4 L stepping RF back (09.00), Turn 1/4L stepping LF to L(6.00)
6& Touch R toe to R , turn 1/4 R stepping RF FWD
7&8 Turn 1/2 R stepping LF back,Turn 1/2 R stepping RF Fwd, step LF Fwd

(17-24) Diamond 1/2, Basic Night Club, Side with Sway LR

12&3 Step RF to R, turn 1/8 L stepping LF back ,Step RF back, Turn 1/8 L stepping LF to L
4&5 Turn 1/8 L stepping RF Fwd, Step LF Fwd, Turn 1/8 L stepping RF to R
6&7&8 Close LF behind RF, Cross RF over LF, Step LF to L Swaying LR

(25-32) FWD, Pivot 1/2 L, Run LR, Fwd Rock, 1/4 Turn L, Unwind

12&3 Step LF Fwd, Step RF Fwd, Turn 1/2 L weight on LF, Step RF Fwd
4&5&6 Run LR, rock LF Fwd , recover on to RF
& turn 1/4 L stepping LF to L
7&8 Cross RF over LF, make a full turn L

Tag after wall 1 & 4 add 2 count

12 Sway RL

ENDING Dance 6 count of wall 8

SIDE,WEAVE WITH SWEEP,BEHIND SIDE,TURN 1/2 L,Pose

12&3 Step RF to R, cross LF over RF, Step RF to R, cross LF behind RF sweeping LF front to back
4 & Cross RF behind LF, step LF to L
5 6 Step RF FWD, Turn 1/2 L weight on to RF,

Pose

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