

Simply Falling

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver - American Rumba
编舞者: Christina Yang (KOR) - November 2022
音乐: Simply Falling - Iyeoka



**** I made it for my workshop on 5, Nov. 2022 ****

Start the dance after 32 counts

SECTION 1: RUMBA BOX

1-4 Step RF to R, closed LF to RF, Step RF forward, hold and drag LF to RF
5-8 Step LF to L, closed RF to LF, step LF backward, hold and drag RF to LF

SECTION 2: BACKWARD ROCK, RECOVER, FORWARD, 1/2 TURN TO L, BACKWARD ROCK, RECOVER, FORWARD, 1/2 TURN TO R

1-4 Rock RF to backward, recover on LF, step RF forward, 1/2 turn to L(weight on RF)
5-8 Rock LF to backward, recover on RF, step LF forward, 1/2 turn to R(weight on LF)

SECTION 3: BACKWARD ROCK, RECOVER, FORWARD, 1/2 TURN TO L WITH 3 TIMES OF WALKS, HOLD

1-4 Rock RF backward, recover on LF, step RF forward, hold
5-8 1/8 turn to L stepping LF forward, 1/8 turn to L stepping RF forward, 1/4 turn to L stepping LF forward, hold

SECTION 4: 1/2 TURN TO L WITH 3 TIMES OF WALKS, HOLD, SIDE CUCARACHA TO L

1-4 1/8 turn to L stepping RF forward, 1/8 turn to L stepping LF forward, 1/8 turn to L stepping RF forward, hold
5-8 Rock LF to L side, recover on RF, drag LF to RF, foot change (weight on LF)

SECTION 5: OPEN HIP TWIST, FAN

1-4 Rock RF backward, recover on LF, step RF forward, 1/4 turn to R(weight on RF)
5-6& Step LF forward, step RF forward and 1/2 turn to L
7-8 Step LF backward, hold

SECTION 6: FOOT CHANGE, 2 TIMES OF FORWARD WALKS, HOLD, FENCING

1-4 Foot change(weight on RF), step LF forward, step R forward, hold
5-8 Cross rock LF over RF, recover on RF, step LF to L side strongly, drag RF to LF

SECTION 7: FULL TURN TO R, CROSS ROCK, RECOVER, SIDE, HOLD,

1-4 1/4 turn to R stepping RF forward, 1/4 turn to R closing LF to RF, 1/2 turn to R stepping RF to side, hold
5-8 Cross rock LF over RF, recover on RF, step LF to side strongly, hold

SECTION 8: BACKWARD ROCK, RECOVER, 1/4 TURN TO L WITH SIDE, HOLD, SWAY L/R/L, DRAG

1-4 Rock RF backward, recover on LF, 1/4 turn to L stepping RF to side, hold
5-8 Sway L / R / L, drag RF to LF

RESTARTS:-

On the wall 2nd, you will dance to 40 counts and start again

On the wall 5th, you will dance to 16 counts and start again

CONTACT

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