

Missy Swing

拍数: 32 墙数: 4 级数: Beginner
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音乐: Mississippi Swing - O. B. Buchana



Intro: 32 counts

The last 4 counts of the intro you can do the side hops to start the dance.
This will ease you into the Left Sailor step

LEFT SAILOR STEP, RIGHT SAILOR STEP, HALF TURN, SHUFFLE

1&2 Step L behind R (1), step R to the side (&), step L to side (2)
3&4 Step R behind L (3), step L to side (&), step R to side (4)
5-6 Step L forward, pivot ½ turn right (5), step forward onto R (6) 6:00
7&8 Shuffle forward L (7), R (&), L (8)

CROSS-TOUCH, CROSS-TOUCH, JAZZ BOX ¼ TURN

1-4 Cross R over L (1), touch L to side (2), cross L over R (3) touch R to side (4)
5-8 Cross R over L (5), step L back turn ¼ right (6), step R to side (7), step L to side (8) 9:00

STEP TOUCH 2Xs, ¼ TURN, CROSSING SHUFFLE

1-2, On the diagonal, step R forward (1), touch L beside R (2) 11:00
3-4 On the diagonal, step L forward (3), touch R beside L 7:00

Option steps: On the diagonal right wizard, then left wizard

5-6 Step R forward, turn ¼ left (5), step L to side (6) 6:00
7&8 Cross R over L (7), step L to side (&), cross R over L (8)

4 STEP ¾ TURN, SIDE HOPS

1-4 Turn ¼ right, stepping back on L 9:00(1), ¼ turn right step R beside L (2) 12:00, Turn 1/4
 right stepping back on L (3), step R beside L (4) 3:00

Option steps : 4 marching steps L-R-L-R turning ¼ left (3:00)

5-8 Small side hops L (5), R (6), L (7), R (8) slightly extend this #8 count

NO TAGS, NO RESTARTS.....JUST HAVE FUN
