

# It Feels Good

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Laura Rittenhouse (AUS) - December 2022  
音乐: It Feels Good - Drake White



**Start after 24 beats**

**S1: WALK FWD R, L, DIG R HEEL FWD X 2; WALK BACK R, L, TAP R TOE BACK X 2**

1,2,3,4      Step R fwd, Step L fwd, Dig R heel fwd, Dig R heel fwd (feel free to lean back when digging heels)  
5,6,7,8      Step R back, Step L back, Tap R toe to back, Tap R toe to back (feel free to lean fwd when tapping toes)

**S2: FULL CIRCLE TURN WITH SHUFFLES**

1&2,3&4      Making a  $\frac{1}{4}$  turn L shuffle R,L,R (step R forward, Step L beside R, Step R forward) (9:00),  
Continuing turning L shuffle L,R,L (6:00)  
5&6,7&8      Continuing turning L shuffle R,L,R (3:00), Continuing turning L shuffle L,R,L (12:00)

**S3: STEP UP ON R DIAG, DRAG L, 2XL HEEL BOUNCES; REPEAT DOWN ON L DIAG**

1,2,3,4      Step R fwd on R diagonal, Drag L beside R, Bounce L heel, Bounce L heel  
5,6,7,8      Step L back on L diagonal, Drag R beside L, Bounce R heel, Bounce R heel

**S4: VINE RIGHT & LEFT WITH  $\frac{1}{4}$  TURN L**

1,2,3,4      Step R to R, Cross L behind R, Step R to R, Dig L heel to L (feel free to lean your body R)  
5,6,7,8      Step L to L, Cross R behind L, Turn  $\frac{1}{4}$  L stepping with L (9:00), Touch R beside L

**Choreographers note: this dance is more fun if you put some body language into it. My suggestions come in the "(feel free...)" comments but swinging your arms as you skip in a circle also helps ☐**