

Shadow Dancing

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - December 2022
音乐: Shadow Dancing - Andy Gibb : (Amazon)



Intro: about 22 seconds in - on vocals - 2 tags

S1: Skate skate, shuffle, cross, turn 1/4 L step, side, fwd

1-2 Skate R fwd to right diagonal, skate L fwd to left diagonal
3&4 Shuffle fwd R L R to right diagonal
5-8 Cross L over R, turn 1/4 L step R back, step L to left, step R fwd 9:00

S2: Step tap, coaster step, skate skate, shuffle

1-2 Step L fwd, tap R behind L
3&4 Step R back, step L beside R, step R fwd
5-6 Skate L fwd left diagonal, skate R fwd right diagonal
7&8 Shuffle L R L to left diagonal

S3: Step turn 1/4 L, coaster step, walk walk, shuffle

1-2 Step R, turn 1/4 left step L to side 6:00
3&4 Step R back, step L beside R, step R fwd
5-6 Walk fwd L, R
7&8 Shuffle fwd L R L

S4: Rock recover, turn 1/2 R, turn 1/4 R, sway, sway, sway, sway

1-2 Rock R fwd, recover L
3-4 Turn 1/2 right step R fwd, turn 1/4 right step L to left side 3:00
5-8 Step/ sway R to right side, sway L to left side, sway R, sway L

Tag 1: At the end of Wall 4 (facing 12:00), add the following 8 counts:

Out out in in, jazz box

1-2 Step R up/out to right, step L up/out to L
3-4 Step R in to center, step L beside R
5-8 Cross R over L, step L back, step R to right side, step L fwd

Tag 2: At end of Wall 8 (facing 12:00), dance only the jazz box (5-8) above

**** Styling for S1 and S2:**

on the skate steps - S1 (1-2) and S2 (5-6) use the arm that matches foot (R or L):

skate = raise R arm up to right diagonal, L arm down & back

skate = raise L arm up to left diagonal, R arm down & back

(arms can be straight or elbows bent like boxing, and fists)

on the shuffles - S1 (3&4) and S2 (7&8) use the arm that matches 1st step:

(example: on L, R arms, it would be L up, then R up)

on shuffle L....arms would be up L for entire shuffle (could do L & L if desired)