

I Am a Thousand Winds

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Diana Liang (CN) - December 2022
音乐: I Am A Thousand Winds - Hayley Westenra



Step In on the word of "Stand" of the 1st lyric sentence

S1: Cross Rock Recover Side, Cross, 1/4L Back, Together, Forward, 1/2R x 2, 9H, Forward

1-2& cross rock Rf over Lf, recover to Lf, step Rf to R side
3-4& cross Lf over Rf, turn 1/4 to L stepping Rf back, 9H, step Lf next to Rf
5-6 step Rf forward, turn 1/2 to R stepping Lf back, 3H
7-8 turn 1/2 to R stepping Rf forward, 9H, step Lf forward

S2: Forward, 1/4R Side, 1/2R, 1/4R Lock Step Back, Lock Step Back, Sway LRL

1&2 step Rf forward, turn 1/4 to R stepping Lf to L side, 12H, turn 1/2 to R recovering on Rf, 6H
3&4 turn 1/4 to R stepping Lf back, 9H, lock Rf over Lf, step Lf back
5&6 step Rf slightly diagonal back, lock Lf over Rf, step Rf back,
7&8 step Lf to L side swaying to L, sway to R, sway to L

Restart Here during W3, facing 3H

S3: (Cross Side Recover, Forward, 1/4L Side Recover) x 2

1&2 cross Rf over Lf, step Lf to L side, recover to Rf
3&4 step Lf forward, turn 1/4 to L stepping Rf to R side, 6H, recover to Lf
5&6 = 1&2
7&8 = 3&4, 3H

Restart Here during W6, facing 12H

S4: Weave, 1/4L Forward, 12H, Forward RL, 1/2R Pivot, 6H, Forward, 1/2L, 12H, 1/4L, 9H

1-2& cross Rf over Lf, step Lf to L side, step Rf behind Lf
3-4 turn 1/4 to L stepping Lf forward, 12H, step Rf forward
5-6 step Lf forward, turn 1/2 to R recovering to Rf, 6H
7&8 step Lf forward prep for L turn, turn 1/2 to L stepping Rf back, 12H, turn 1/4 to L stepping Lf to L side, 9H

Ending: naturally finish facing 12H at the end of W10. To avoid slow tempo in W10, you may finish at the end of S1 of W10, also naturally facing 12H.

Thanks and happy dancing!

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