

No Vacancy

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sandra Lumbaraja (INA) - December 2022
音乐: No Vacancy - OneRepublic



No Tag No Restart

Dance starts at vocal (approx at 0.05s)

Sec 1 : CROSS TOUCH - SIDE TOUCH - BOTAFOGO - CROSS TOUCH - SIDETOUGH - BOTAFOGO ¼ PIVOT TURN L

1 - 2 RF toe touch cross over LF, RF toe touch to R
3&4 RF cross over LF, LF ball to L, RF step in place
5 - 6 LF toe touch cross over RF, LF toe touch to L
7&8 LF cross over RF, RF ball to R, LF pivot turn ¼ L (facing 09.00)

Sec 2 : SAMBA WHISK - ¾ TURN R VOLTA TURN

1 a2 RF step to R, LF ball cross behind RF, RF in place
3 a4 LF step to L, RF ball cross behind LF, LF in place
5&6&7&8 RF step forward, LF ball behind RF, RF step forward turn ¼ R, LF ball behind RF, RF step forward turn ¼ R, LF ball behind RF, RF step forward turn ¼ R (facing 06.00)

Sec 3 : BOTAFOGO - CROSS SHUFFLE - SIDE MAMBO (LR)

1&2 LF cross over RF, RF ball to L, LF step in place
3&4 RF cross over LF, LF step to L, RF cross over LF
5&6 LF step to L, RF step in place, LF close together
7&8 RF step to R, LF step in place, RF close together

Sec 4 : BACK ROCK - RECOVER - LOCK STEP - FORWARD RECOVER BACKWARD - ¼ TURN L SAILOR STEP

1 - 2 LF step backward, RF recover
3&4 LF step forward, RF cross behind LF, LF step forward
5&6 RF step forward, LF recover, RF step backward
7&8 ¼ turn L and LF cross behind RF, RF step to R, LF step to L (facing 03.00)

Enjoy the dance♥☐