

How Do I Say Good Bye?

拍数: 64 墙数: 1 级数: High Intermediate
编舞者: Jean-Pierre Madge (CH) - November 2022
音乐: How Do I Say Goodbye - Dean Lewis



The dance starts when the singers says « Morning », very short intro, be ready !

Walk, Walk, Sweep, Cross Back-Back, Cross Back 1/4 turn, Step 1/2 turn

1-2-3 Step R forward (1), Step L forward (2), Step R forward and sweep L turning 1/8 R (3)
4&5 Cross L over R (4), Step R back turning 1/8L (&), Step L back turning 1/8 L sweeping R over (5),
6&7 Cross R over L (6) Step L back turning 1/8 R (&), 1/4 R Step R forward (7)
8& Step L forward (8), 1/2R Step R forward (&)

1/4 Basic L, Sway R Sway L, Basic R, 3/4 Walk-Walk

1-2& 1/4L Step L to L (1), Step R behind L (2), Cross L over R (&)
3-4 Step R to R and Sway R (3), Sway L (4)
5-6& Step R to R (5), Step L behind R (6), Cross R over L (&)
7-8 1/4R Step L back (7), 1/2R Step R forward (8)

Sweep, Cross 1/8 back back, Back side 1/8 forward, 1/2 Step, Rock, Run x3

1-2& Step L forward and Sweep R (1), Cross R over L (2), 1/8R Step L back (&)
3-4& Step R back (3), Step L back (4), 1/8R Step R to R (&),
5-6 1/8R Step L forward prepping body to turn (5), 1/2L Step R back (6),
7-8&1 Rock L back (7), Step R forward (8), Step L forward (&), Step R forward (1)

Option : Look behind you on count 7 as the singer says « Behind » on the 1st wall

Rock 1/8 Side, Sweep, Chest pop, Behind Side forward, Run Run

2&3 Rock L forward (2), Recover (&), 1/8L Step L to L (3)
4-a5 Step R behind L and Sweep L around for 2 counts (4-5)

Option : You can pop your chest on count (a5)

6&7 Step L behind R (6), Step R to R (&), Step L forward (7),
8& Step R forward (8), Step L forward (&),

Rock, Recover, Sweep, 1/2 L hitch, Step, Run, Run, Rock, Back, Back

1-2-3 Rock R forward (1), Recover (2), Step R back and Sweep L (3),
4-5 1/2 L Hitch L (4), Step L forward (5),
6&7 Step R forward (6), Step L forward (&) Rock R forward (7)
8& Recover (8), Step R back (&)

Sway, Sway, 1/4L Drag Open arms, Step, Slow Rock, Recover, 1/4L Side, Cross

1-2 1/4L Step L to L and Sway (1), Sway to R (2),
3-4 1/4L Step L forward and bring both arms up, palm facing up, dragging R next L (3-4)
5-6-7 Step R forward (5), Rock L forward (6), Recover (7),
8& 1/4L Step L to L (8), Cross R over L (&),

Side, Step Cross, 1/4 Step, 1/4 Side, Step Cross, Side, Step Cross, 3/4 WalkWalk

1-2&3 Step L to L (1), Step R behind L (2), Cross L over R (&), 1/4L Step R back (3)
4&5 1/4L Step L to L (4), Cross R over L (&), Step L to L (5)
6&7-8 Step R behind L (6), Cross L over R (&), 1/4L Step R back (7), 1/2L Step L forward (8)

Rock in Chair, Step turn x2, Slow Rock, Recover, Step, Drag and

1&2& Rock R forward (1), Recover (&), Rock R back (2), Recover (&)

3&4& Step R forward (3), 1/2L Step L forward (&), Step R forward (4), 1/2L Step L forward (&)
5-6 Rock R forward (5), Recover (6),
7-8& Big Step R back (7), Drag L next R (8), Step L next R (&)

Bridge - 8counts

Rock in Chair, Step turn Step turn

1-2-3-4 Rock R forward (1), Recover (2), Rock R back (3), Recover (4)

5-6-7-8 Step R forward (5), 1/2L Step L forward (6), Step R forward (7), 1/2L Step L forward (8)

You will dance the dance only 3 times :

First wall you dance the whole dance

***2nd wall you do the Bridge after 32 counts, and then keep dancing the last 32counts**

***3rd wall you dance the whole dance and repeat the last 5 counts and raise your R hand forward as the singer says « Goodbye »**

Smile and Start the dance again !

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