

Makin' Moves

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Fred Whitehouse (IRE) - October 2022
音乐: Makin' Moves - Louis II



Intro: 32 Counts, Start at approx 20 secs

SEC 1: Kick, Hitch, Side, ¼ Sailor Turn, Step, ½ Pivot, Step, ½ Pivot, Step

1&2 Kick right forward, hitch right knee, step right to right
3&4 Turn ¼ left step left behind right, step right to right, step left to left (9:00)
5-6 Step right forward, pivot ½ left transferring weight onto left (3:00)
7&8 Step right forward, pivot ½ left transferring weight onto left, step right forward (9:00)

SEC 2: Rock, ⅜ Weave, Mash Potatoes Forward

1-2 Rock left forward, recover weight onto right

Arms 1&2 Brush hand back on hips, brush hands forward on hips, clap

3&4 Step left back, turn ¼ right step right to right, turn ⅛ right step left forward (1:30)
&5 Twist both heels out, step right forward bringing heels back to center
&6 Twist both heels out, step left forward bringing heels back to center
&7 Twist both heels out, step right forward bringing heels back to center
&8 Twist both heels out, step left forward bringing heels back to center

SEC 3: Jump, Heel Bounce, Split Toes Heels Toes, Knee, Knee, ⅜ Step Attitude Turn

&1&2 Step right forward, step left beside right, lift heels, drop heels
3&4 Twist both toes out, twist both heels out, twist both toes out

Arms 4 Take both arms to sides

5-6 Twist right knee in, recover on to right twisting left knee in
7-8 Turn ⅛ left step left forward, turn ¾ left hitching right knee letting right foot trail behind (3:00)

SEC 4: Ball Cross, Side, Samba Step, ⅛ Heel Grind, Heel Switches

&1-2 Step right beside left, cross left over right, step right to right
3&4 Cross left over right, rock right to right, recover weight onto left
5-6 Touch right heel over left, turn ⅛ right grinding right heel stepping left to left (4:30)
&7&8 Step right beside left, touch left heel forward, step left beside right, touch right heel forward

SEC 5: Ball Rock, Rock, ¼ Weave, Boogie Walks

&1-2 Step right beside left, rock left forward, recover weight onto right
3-4 Rock left forward, recover weight onto right
5&6 Step left back, turn ⅛ right step right to right, turn ⅛ right step left forward (7:30)
7&8 Step right forward pushing both knees to right, step left forward push both knees to left, step right forward pushing both knees to right

SEC 6: Step, ½ Pivot, Full Turn Shuffle, ⅜ Jazz Box Cross

1-2 Step left forward, pivot ½ right transferring weight onto right (1:30)
3&4 Turn ½ right step left back, turn ½ right step right beside left, step left forward (1:30)
5-6 Cross right over left, turn ⅛ right step left back (3:00)
7-8 Turn ¼ right step right to right, cross left over right (6:00)

Restart Here on Walls 2, 4 & 5, On Wall 5 Dance the Tag then Restart

SEC 7: Ball Lock, Full Unwind, Rock, Sweep, Weave, Swivel Heels, Toe, Hitch

&1-2 Step right forward, lock left behind right, unwind full turn left keeping weight on left (6:00)
3-4 Rock right forward, recover weight onto left sweeping right from front to back
5&6 Step right behind left, step left to left, cross right over left

7&8 Step left to left twisting both heels to left, twist both toes to left, twist left heel to left hitch right knee

SEC 8: Syncopated Jazz Box, Swivel, Swivel, Back Hitch, Step Flick

1-2 Cross right over left, step left back

&3-4 Step right beside left, cross left over right, step right to right

5-6 Twist both heels to right, twist both heels to left taking weight on to left

7-8 Step right back hitch left knee, step left forward flicking right back

Arms 7 Slap left knee

SEC 9: Step, ½ Pivot, Step, ½ Pivot

1-2 Step right forward, pivot ½ left transferring weight onto left (12:00)

3-4 Step right forward, pivot ½ left transferring weight onto left (6:00)

Tag: After 48 counts of Wall 5, Dance the Tag then Restart

Step, Hold, ½ Pivot, Hold

1-2 Step right forward, hold

3-4 Pivot ½ left transferring weight onto left, hold (12:00)
