

Beggin' EZ

拍数: 64 墙数: 1 级数: Phrased Beginner
编舞者: Judi Rifa (INA) - December 2022
音乐: Beggin' (feat. Fivein) - Novia Bachmid



Intro: 32 counts - No Tag, No Restart
Sequence : A B AA BB AA B A Ending

Part A (32 counts)

Sec-A1: Weave L, Jazz Box

1234 Cross RF over LF, Step LF to L side, Cross RF behind LF, Step LF to L side
5678 Cross RF over LF, Step LF back, Step RF to R side, Step LF forward

Sec-A2: Vine R, Jazz Box

1234 Step RF to R side, Cross LF behind RF, Step RF to R side, Cross LF over RF
5678 Cross RF over LF, Step LF back, Step RF to R side, Step LF forward

Sec-A3: Toe Strut R/L, Rock Forward, Recover, Shuffle Turn ½ R

1-2 Touch RF toe forward, Down RF heel to floor
3-4 Touch LF toe forward, Down LF heel to floor
5-6 Rock RF forward, Recover on LF
7&8 Turn ¼R Step RF to R side, Together LF next to RF, Turn ¼R Step RF forward (06.00)

Sec-A4: Toe Strut L/R, Rock Forward, Recover, Shuffle Turn ½ L

1-2 Touch LF toe forward, Down LF heel to floor
3-4 Touch RF toe forward, Down RF heel to floor
5-6 Rock LF forward, Recover on RF
7&8 Turn ¼L Step LF to L side, Together RF next to LF, Turn ¼L Step LF forward (12.00)

Part B (32 counts)

Sec-B1: Ball Side Touch, Hold - L/R

&1 Close RF beside LF, Touch LF to L side
234 Hold 3 counts while roll hip counter-clock wise
&5 Close LF beside RF, Touch RF to R side
678 Hold 3 counts while roll hip clock wise

Sec-B2: Anchor Step R/L

1-2 Step RF back, Press LF in place
3&4 Recover on RF, Recover on LF, Recover on RF
5-6 Step LF back, Press RF in place
7&8 Recover on LF, Recover on RF, Recover on LF

Sec-B3: Side Rock, Recover, Cross Shuffle - L/R

1-2 Step RF to R side, Recover on LF
3&4 Cross RF over LF, Step LF to L side, Cross RF over LF
5-6 Step LF to L side, Recover on RF
7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

Sec-B4: Paddle Turn ½ L, Walk Turn ½ L

1234 Step RF forward, Turn ¼ L change weight to LF (09.00), Step RF forward, Turn ¼ L change weight to LF (06.00)
5678 Turn 1/8 L walk on RF (04.30), Turn 1/8 R walk on LF (03.00), Turn 1/8 L walk on RF (01.30), Turn 1/8 L walk on LF (12.00)

Ending (5 counts): Jazz Box, Out-out

1234 Cross RF over LF, Step LF back, Step RF to R side, Step LF forward &5 Out RF, Out LF
(or you may vary Ending by your own step)

Make your dance fun....

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