

Travelling Back In Time

COPPER KNOB
STEPPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Yvonne Klomp (NL) - November 2022
音乐: Een Rit Terug In De Tijd - Marianne Veenstra : (Spotify and iTunes)



Start after 16 counts

WALK FWD R&L, ¼ TURN R, ¼ TURN LEFT, L SHUFFLE FWD, ¼ TURN R, ¼ TURN L

- 1 RF step forward
- 2 LF step forward
- 3 turn ¼ right on both feet
- 4 turn ¼ left on both feet, end with weight on RF
- 5&6 shuffle forward L/R/L
- 7 turn ¼ right on both feet
- 8 turn ¼ left on both feet, end with weight on LF (12)

¼ PIVOT TURN L, BEHIND-SIDE-CROSS, SIDE ROCK STEP, ¼ TURN COASTER STEP

- 1 RF step forward
- 2 turn ¼ left, end with weight on LF
- 3 RF step behind LF
- & LF side step left
- 4 RF step across LF
- 5 LF rock to left side
- 6 RF weight back on RF
- 7 LF turn ¼ left and step back
- & RF step next to LF
- 8 LF step forward (6)

VINE R & JUMP, VINE LEFT & JUMP

- 1 RF side step right
- 2 LF cross behind RF
- 3 RF side step right
- & LF jump (or step) to left
- 4 RF step next to LF
- 5 LF side step left
- 6 RF cross behind LF
- 7 LF side step left
- & RF jump (or step) to right
- 8 LF step next to RF (6)

WALK FWD R & L, FWD MAMBO STEP, WALK BACK L & R, TOUCH BACK, ¼ TURN LEFT

- 1 RF step forward
- 2 LF step forward
- 3 RF rock forward
- & LF weight back on LF
- 4 RF step back
- 5 LF step back
- 6 RF step back
- 7 LF touch behind
- 8 turn ¼ left, end with weight on LF (9)

* In 2nd wall do tag & restart here

SIDE ROCK STEP, REVERSE CROSS SHUFFLE, 2X

- 1 RF rock to right side
- 2 LF weight back on LF
- 3 RF cross behind LF
- & LF small step to left side
- 4 RF cross behind LF
- 5 LF rock to left side
- 6 RF weight back on RF
- 7 LF cross behind RF
- & RF small step to right side
- 8 LF cross behind RF (9)

(When crossing behind on counts 3&4, turn your body slightly to the right and on counts 7&8 slightly to the left)

SWEEP AND STEP BACK R & L, SHUFFLE BACK, ROCK STEP, SHUFFLE FWD

- 1 RF sweep RF front to back and step back
- 2 LF sweep LF front to back and step back
- 3&4 shuffle backwards R/L/R
- 5 LF rock back
- 6 RF weight back on RF
- 7&8 shuffle forward L/R/L (9)

START AGAIN

TAG & RESTART

In the 2nd wall after 32 counts, (facing back wall), add below 4 steps and restart the dance:

½ PIVOT L 2X

- 1 RF step forward
- 2 RF+LF turn ½ left
- 3 RF step forward
- 4 RF+LF turn ½ left

FINISH

In the 6th wall, finish the dance by replacing the last shuffle of section 6 with a shuffle ½ turn. Next, step back on RF and touch LF across RF (facing front wall).

Have fun!

Last Update: 30 Nov 2022
