

# My My

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Rebecca Widney (USA) - 23 November 2020  
音乐: My My (feat. Dez) - Burn County



Sequence: A, A, B, B, A, A B, B, A, A, B, A, A, A, A

Intro 16 seconds (begins with the lyrics)

## PART A: 16c

### [1-8] out/ out – in/in – Shake (x2) – two pivot 1/2 turns

1&2&      (1) step out right (&)step out left, (2)step in the right (&)step in left  
3,4      (3) shake, shake  
5,6      (5) pivot turn stepping with R foot  
7,8      (7) pivot turn stepping with R foot

### [9-16] rock forward (r)- triple step ½ turn- rock forward L- left coaster step

1,2      (1) rock forward right (2) recover  
3&4      (3&4) triple step turning over the right shoulder for 1/2  
5,6      (5) rock forward left and recover  
7&8      (7) Rock forward on left, recover on right, step back on left

## PART B: 32c

### [1-8] Scuff right ¼ turn, side rock hop, left sailor ¼ turn, right toe, left heel

1, 2      (1) scuff right rocking out for a ¼ turn to the left  
3&4      (3) step in right (&4) step out left with a rock  
5&6      (5) left sailor step with ¼ turn left  
7&8      (7) right toe,(&) step right together,(8) left heel

### [9-16] right step, rock out left ¼ turn, grapevine right, right heel grind, right coaster step

1, 2      (1) Step RF forward (2) step out left with a ¼ turn right  
3&4      (3) grapevine to the right  
5,6      (5) R heel grind for ¼ turn right, step back on left  
7&8      Rock forward on right, recover on left, step back on right

### [17-24] rock out left ¼ turn, bump, rock behind (R), step(R), rock behind left heel, body roll

1, 2      (1) step out left for ¼ turn to the right with a rock, hip bump  
3, 4      (3) step right behind rock, recover stepping out right,  
5, 6      (5) step behind left, recover weight on the right, and touch the left heel forward  
7 & 8      (7) body rolls or hold for 2

### [25-32] angled cross and cross, rocking chair, step, ½ turn, triple step let

&1&2      (1-2) Step onto the left, cross right over left, step left to left side, cross right over left (angled over left shoulder)  
&3&4      (3) step together left to complete ¼ over left, rock forward right, recover left, rocker back on right foot  
&5&6      (5) step forward left, step right pivot ½ turn over left shoulder  
7, 8      (7) step forward left, together right, step forward left

Edits by Sydney Radcliffe

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